

Oct. 5 - 25
2006

Communicator



Haliburton County's Good News Fun Free Newspaper

Election Candidates Finalized as Nomination Deadline Passes

Nominations for this year's municipal elections are now closed, and it appears that local politics certainly hasn't lost any of its appeal. Almost 60 candidates have declared for the elections in the four municipalities – and some all-candidate meetings have already been held.



Highlands East:

In Highlands East, Dave Burton is facing off against Glen Madill for the Reeves' job; in Ward 1, Jim Mackie and G.Wm. (Bill) Foote are running; Ward 2 has candidates Suzanne Partridge, Basil Cox and Lea Kitler in the race; Donna Graham and Chuck Viner in Ward 3 and Gary Stoughton and Janis Cole in Ward 4 round out the slate.

The first all-candidates meeting was held last Saturday for Ward 4 candidates. Ward 3 has a meeting on Saturday October 7th at the Gooderham Community Centre from 2 pm until 4pm: Ward 1 meets a week later on October 14th at the Cardiff Community Centre from 2 pm until 4pm; and Ward 2 candidates meet at the Highland Grove Community Centre on Saturday, October 21st, again from 2 until 4.

Algonquin Highlands:

In the Township of Algonquin Highlands incumbent Reeve Eleanor Harrison is being challenged by Gerry

Elections cont'd... pg. 2...

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Happy Thanksgiving

Feeling gratitude and not expressing it is like wrapping a present and not giving it –

William Arthur Ward



The Nominations Are In... Now It's Time To Decide Where To Place Your Vote

... from pg. 1

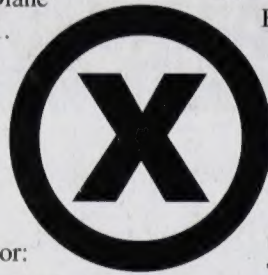
Morrison, and Ward 2 has three candidates for Councillor, Tom Gardner, Carol Moffatt, and Ross Daniels. In Ward 3 Diane Griffin will be acclaimed, as will Don Shortreed in Ward 1.

An all-candidates meeting will be held on Saturday, October 14th at the Dorset Recreation Centre at 7 pm.

Minden Hills:

In Minden Hills Reeve Jim McMahon is being challenged by Wally Dove and Wende Plante. Ward 1 has no fewer than seven candidates vying to be Councillor: Clayton Cameron, Ron Nesbitt, Bill Obee, Larry Bullington, Lou Trepanier, Diane Wigley and Lisa Schell are all in the race. In Ward 2, Barbara Reid, Ingram Wessell, and Pam Sayne are candidates. In Ward 3 Rick Ratcliff appears to be acclaimed. Peter Oyler and Albert Foster are running for the Councillor at Large position.

An all-candidates meeting will be held at Archie Stouffer School on Friday October 20th at 7:30 pm.



Dysart et al:

In the Municipality of Dysart et al, Reeve Murray Fearrey will be acclaimed, but the race for Deputy Reeve is hot and heavy, with Incumbent Bill Davis fighting off challengers Jim Henwood, Bob Nichol and Walt McKechnie. In Ward 1 Andrea Roberts and Chester Howse are in the race. Ward 2 has five well-known candidates: Gary MacDonald, Derek Knowles, Nancy Stinson, Dennis Casey and Jamie Cowen. Ward 3 has Steve Pogue, Mel Smith and Ross Covert as candidates. Ward 4 pits Ken Barry against Janis Parker, and in Ward 5 Dan Kay takes on Andy Chvedukas and Carl Sadusek. There'll be an all-candidates meeting for the Dysart candidates on Friday, October 13th at 7 pm at the Legion.

Kinmount Ward 3:

Running for the Kinmount are which is ward 3 of the City of Kawartha Lakes is David Hodgson and John Huke (both running for Councillor). Running for Mayor of the City of Kawartha Lakes is: Lynne Boldt, Ken Gorham, Andy Letham, John R. Macklem, Ric McGee and John O'Reilly.

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The Township of Algonquin Highlands and the
Township of Minden Hills

NOTICE TO ALL RATEPAYERS



2006 HOUSEHOLD HAZARDOUS WASTE DAY

For the Ratepayers of the Township of Minden Hills

will be held on the following
date/ time at the
Scotch Line Landfill Site
from 8:00 a.m. to 12:00 noon

Oct. 7th

For the Ratepayers of the
TOWNSHIP OF MINDEN HILLS
For further information, please call:
(705) 286-1260

For the Ratepayers of the Township of Algonquin Highlands

will be held on the following date and at the
following respective location:

Oct. 7th Maple Lake Landfill 1-5 pm

For the Ratepayers of the
TOWNSHIP OF ALGONQUIN HIGHLANDS
For further information, please call:
(705) 489-2379

ACCEPTABLE HOUSEHOLD HAZARDOUS WASTE CLASSES

Latex and Oil Paints, Finishing Products e.g. varnish, glues, etc.;
Used Motor Oil; Auto and Household Batteries; Propane Tanks and Cylinders;
Cleaners e.g. bleach, oven cleaner, etc.; Aerosol Cans; Solvents e.g. varsol, paint thinners, etc.;
Pesticides and Herbicides; Pool and Photographic
Chemicals; Florescent Light Tubes

UNACCEPTABLE WASTE CLASSES

Industrial Waste; Needles/Sharps; PCB'S; Radioactives;
Pathological

LANDFILL USER IDENTIFICATION CARDS MUST BE SHOWN

Minden Live Bait and Tackle

**Hunters, Fishermen, and Other Liars...
Gather Here.....**

"Hunters, fishermen, and other liars gather here", says the sign over the desk at Minden Live Bait and Tackle, and that may indeed be true. But it sure doesn't do justice to the literally thousands of items that store owner Jack Saunders is proud to offer his sporting customers. "When people come in here for the first time, I've got to admit they're often just amazed," says Jack. "I don't know how many times I've heard 'you've got everything in this store', at least everything you could possibly need to make your next fishing or hunting trip a success."

Jack bought Minden Live Bait and Tackle back in 1998 after a serious car accident forced him to retire from his management job at the Crayola factory in Lindsay. "I'd always loved fishing, and my wife Cindy and I had lived here in Haliburton County for years. Cindy was born and raised here, and I moved full time when I was 17. I knew a lot about the bait side of the business as well, so it seemed a perfect fit for us. It's a real 'people friendly' business, where you're always learning something from your customers. And I hope vice versa.

"For years I was lucky enough to have Bill Findlay work with me – he'd been a part of the store before when it

was owned by John Hill – and he was one of the greatest characters I've ever met. And there wasn't much he didn't know about this

business, that's for sure. I used to watch him talking and teasing the customers – and occasionally letting them in on some of his secrets. He was like a father to me, and in fact a lot of our customers thought we really were father and son." Bill passed away in August of last year and Jack's worked hard to fill the gap. "I don't have as much time as I'd like out in the bush

gathering our live bait, but on the other hand I see a lot more of our regular customers on a daily basis."

The fishing and hunting industries have seen a huge boom in the last 15 years or so, helped along by the success of the many television fishing and hunting shows, and by the proliferation of outdoors magazines. "If a new lure gets a good review in Ontario Outdoors magazine, for example, you better be sure you have a big stock on hand, because our customers will be coming here within days to get it."

Jack's stock of lures and custom baits is in the thousands, and features all the major brands from

Live Bait cont'd... pg. 5...



THE Highlands Communicator

705 457-9999

**Fax:
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email: highlands@thecomcommunicator.ca**



**Forever in our Hearts...
Roberta Welsh - Feb 12/06**



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The Three Amigos

**Publisher, Sales Manager: Brett Irvine
Publisher, Editor, Graphic Design: Joanne Irvine
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**Thank you to
All Our Advertisers,
All Our Writers
& All Our Readers!**

Live Bait - Tackle - Hunting Gear - Boating Licenses - All Available Here...

... from pg. 4

Rapala to Yamamoto Baits. He carries the full range of fishing and hunting tackle, nets and gear including top-of-the-line footwear and clothing from manufacturers such as Irish Setter. These clothing lines are super stylish as well as rugged and efficient. "The high-end part of our business has really expanded over the years," says Jack.

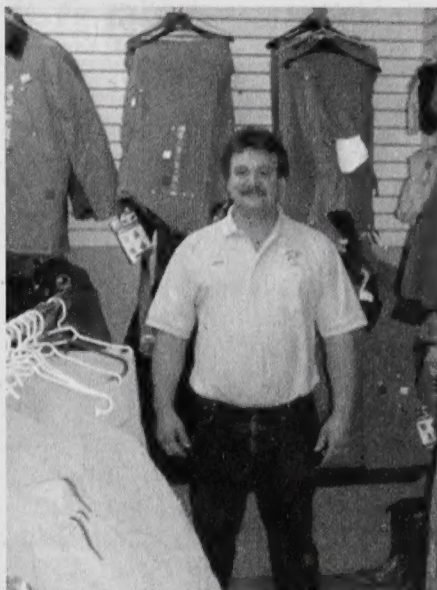
"We offer some Muskie lures, for example, that sell for anywhere from \$10 up to \$300 plus. And the new Yamamoto custom baits are really amazing. They mimic the activity and feel of live worms – and they sure work."

Which is also a sign of the future. Jack's live bait business is still very important to him – he has rights to one of Haliburton's bait "zones" from the MNR where he gathers minnows – but government restrictions and regulations are becoming increasingly tight. Already frogs are basically banned as commercial bait, but Jack can easily see the day when crayfish and leaches are going to be very difficult to get. "This is why Berkley Gulp Baits, for example, and the Yamamoto Worms are going to be very important parts of our business in the future." These new soft baits have unique combinations of size, shape, colour and even scent specifically designed for each species and habitat.

Speciality fishing and hunting accessories are also a very important part of the business. How about a Cordless Electric Sportsman's Knife for \$109.99, for example? Or an underwater Aqua Vu camera for scouting out the lake bottoms and terrain from about \$359 up to \$1500? These cameras have full remote control, lights, and terrific manoeuvrability.

Jack also sells a full range of GPS equipment, fish finders, pellet guns and of course knives, crossbows, and all the requisite hunting accessories, including fishing, boating, and hunting licenses.

Minden Live Bait and Tackle is a paradise for the sportsman: but Jack also wants to point out that he's always there to help the new fisherman, or someone who wants to buy the family outdoorsman a special gift. "We're also happy to sell gift certificates – most serious sportsmen and women have pretty exact ideas of what they want."



Don't forget that Minden Live Bait and Tackle is also the location to get your boating licenses. There is no time like the present, even though you still have time to get them. Jack has on hand the materials for studying, and the actual tests – so don't delay.

When it comes to bait and tackle, the Communicator's publishers will let you know first hand that Jack knows his stuff. When purchasing our fishing gear for this season, we (Joanne & Brett) turned to Jack for his "best" advice, and after leaving the store with his recommendations, we headed out to our spot and within two casts, Brett landed the biggest bass he's ever caught, and the biggest one I've ever seen. We've since thanked Jack for his lure advice and assured him that they work just as he promised.... We have the trophy catch to prove it. Thanks again Jack... we'll be hitting you up for more advice real soon

– we're thinking ice fishing!!

Minden Live Bait and Tackle is open every day of the year except Christmas. Fall, winter and spring hours are Sunday to Thursday from 8 am until 5 pm, Fridays and Saturdays from 7 am until 5 pm. The store's located on Highway 35 just north of Water Street and just south of County Road 21. You can reach the store at 705 286-4826.

MINDEN KINSMEN CLUB

founded May 10, 1956

50TH ANNIVERSARY CELEBRATION

is being held by THE MINDEN KIN CLUB

OCTOBER 14, 2006

AT THE MINDEN COMMUNITY CENTRE

\$40 PER PERSON

Fellowship 4:00 - 7:00 pm
Dinner & Business 7:00 - 9:00 pm
Socializing 9:00 pm to 1:00 am

We would like to invite all active K-40 and past Kin, Kinettes & their families & friends to celebrate with us. However, as we do not have all the current addresses, please pass on this information to all past & present Minden members that you know of. Please help us to make this occasion a very special one. Thank you.



Please RSVP by October 7th, 2006 to:
Caryl Miller, 2155 Haliburton Lake Road. RR#1
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Urban Legends

The Dead Cat in the Package

Two young girls were driving to the mall one day, and accidentally hit and killed a cat. Not wanting any children to see it, they put it in a bag and took it with them so as to dispose of it properly. In the parking lot at the mall, an old woman grabbed the bag and ran off with it. Amused, the girls followed her to see what would happen. They came around the corner and the woman was on the floor clutching her chest and saying "My God, the bag! The bag!" As the ambulance took her away a helpful bystander put the bag in with her since she was so worried about losing it.

Another Dead Cat in a Package

A woman's cat died one day, so she wrapped it in a package and took it with her to dispose of it. She tried to put it in her building's incinerator, but her landlady was there, and pets weren't allowed in the building in the first place. On her way to work she tried to leave it on the bus, but a helpful passenger gave it to her. She tried to leave it in a restaurant, but the waitress chased her down. Even on the subway, there was always a samaritan waiting for a chance to help her out. Finally when she got home she decided to take a last look at kitty, and in it's place was a leg of lamb.

Thanksgiving Day In Canada Was Not Always In October



The first Thanksgiving Day in Canada after Confederation was observed on April 15, 1872, to celebrate the recovery of The Prince of Wales (later King Edward VII) from a serious illness.

No record is found of a Thanksgiving Day between 1872 and 1879.

From 1879 to 1898, both inclusive, it was observed on a Thursday in

November. In 1899, it was fixed on a Thursday in October, where it stayed until 1907, with the

exception of 1901 and 1904 when the date was fixed on a Thursday in November.

From 1908 to 1921, it was observed on a Monday in October, the exact date being appointed by proclamation.

From 1921 to 1930, the Armistice Day Act provided that Thanksgiving would be observed on Armistice Day, which was fixed by statute on the Monday of the week in which November 11 fell.

In 1931, Parliament adopted an Act to amend the Armistice Day Act, providing that the day should be observed on November 11 and that the day should be known as "Remembrance Day".

Accordingly, the old practice was resumed of fixing Thanksgiving Day by proclamation, and it has been since 1931 on the second Monday of October, with the exception of 1935 where, after Thanksgiving Day had been fixed on October 14, it was decided to hold the general election on that date. A new proclamation was issued deferring the observance to October 24, a Thursday. This resulted in a great deal of controversy and the practice of observance on a Thursday was not pursued in future years.

From 1936 to 1956, inclusive, a proclamation was issued yearly to appoint the second Monday of October as Thanksgiving Day. In 1957, a proclamation was issued fixing permanently Thanksgiving Day on that day, thus eliminating the necessity of an annual proclamation.



Highland Images

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A Little Bit of Everything

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please remember to start getting ready for the shoeboxes for Operation Christmas Child. We have socks, toys, washcloths, toiletries, school supplies, and lots of other items suitable for the shoeboxes for both boys & girls.

We also have everything you need to make your Thanksgiving a special one. Too, the spooky time of year is just around the corner, so be sure to stock up on all your Halloween things.

Please remember that we sell out of seasonal items quite quickly, so shop early so that you won't be disappointed.

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PREVIEW AT 10:00 AM

DIRECTIONS: HWY 35 NORTH - TURN LEFT ONTO BOBCAYGEON RD.,
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With The Growing Need For Services ... Private Donations Always Welcomed At Community Care

October is Community Support Month, with the slogan of "Bringing Care Home" and Community Care Haliburton wants all of its friends and clients to feel free to drop in at their offices in Haliburton to see their renovated facilities and check out just what the organization's all about. For the past 25 years Community Care's been delivering critical services to thousands of clients and their families.

Community Care is chiefly about ensuring an enhanced quality of life for seniors, the disabled and those suffering chronic illnesses. It's seen as a critical part of the fabric of our health care system in that it allows so many of our elderly to live more fulfilling lives in the comfort of their own homes. With the help of 170 volunteers, Community Care provides a wide variety of programs and services including Meals on Wheels, Wheels to Meals, Social Recreation, In-Home Respite, Friendly Visiting, Emergency Response Systems, Home Help and Maintenance and Transportation to Medical Appointments here and as far away as Peterborough and Toronto.

And, as Executive Director Donna MacDonald points out, "the demand for our services continues to grow as our population ages – and our caregivers are often in danger of burn-out from the burdens placed upon them."



Roxanne Casey

Community Care projects are funded in part by the Ministry of Health and Long-Term Care: but a very significant portion of their budget comes from private donations, the municipalities, and client fees. In fact the organization relies heavily on its fund-raising activities just to survive. For every dollar of provincial government funding, Community Care provides \$1.35 worth of service. And those monies are raised chiefly from our community.

"We absolutely rely on the generosity of our volunteers, our municipal governments, and our fundraising events just to survive," says Roxanne Casey, Resource Development Co-ordinator. "Here's an example of just how essential our fundraising is. We have clients who must travel to Peterborough three times a week for dialysis. We provide a volunteer driver and pay a set mileage fee. If our client lives in Minden, for instance, the client himself would have to pay \$8,400 for a year's treatment: we pay \$5,600 so the total cost is \$14,000. We need extra monies so we can subsidize our clients even further — \$8,400 is a lot of money for anybody."

Roxanne organizes fundraisers throughout the year – Medieval Feasts, Golf Tournaments, special dinners and so on. But there's also other ways in which community members can help this essential work. Community Care offers a Planned Giving program, for example, that can be arranged now to provide charitable funds in the future.

There are a variety of ways in which Planned Giving can work, and the simplest way is probably to leave a bequest in your will: gifts of life insurance, charitable annuities, charitable remainder trusts are other ways in which you can help. Your lawyer or estate planner can help you decide just what might be right for you.

Besides financial contributions, Community Care is always in need of more volunteers: right now they need volunteer drivers willing to travel with clients to Toronto and back.

For further information about any aspect of Community Care, please take this opportunity to drop in at their offices in Halco Plaza in Haliburton, or call Roxanne to request further information at 705 457-2941.

Community Care Overnight Bus Trip

NIAGARA FALLS!!!

**November
7 & 8**

Community Care has organized an overnight bus trip that will take you on



a wonderful excursion to Niagara Falls and Niagara on the Lake. This trip includes transportation by Highway Coach, Accommodation's at the Hampton Inn in Niagara Falls, one breakfast, tickets to performance of High Society at the Shaw Theater, admission to the Botanical Gardens, the Imax Theater, and the Butterfly Conservatory, and dinner at Hagan's on the way back to Haliburton County.

From \$250.00 per person

To book your seat on this trip or join the trip club, please call 457-2941 before September 29th.

It's our 25th anniversary at the Agnes Jamieson Gallery!

Come celebrate with us on

Saturday, October 14th

2 – 4 p.m.

Share memories of our first 25 years

**Enjoy the
Annual Members' Show
and
People's Choice Awards**

Minden Hills Cultural Centre
176 Bobcaygeon Road, Minden
½ km. over the Gull River bridge

(705) 286-3763

Norm Barry Can Make Sure Everything Is Secure And Operational At Your Cottage

"You know, some cottagers just don't understand that if they don't have their properties checked out at least once a week, their insurance might just be invalid if anything bad were to happen," says Norm Barry, who supplies cottage and hot tub maintenance across the County. "And this is why we make a full inspection each visit, and make sure we keep accurate notes of just what we've done."

Norm's day job for the last 10 years has been with the Pump Shop, but during that time he's also been doing hot tub maintenance and for the last four offering a full cottage maintenance service. But for hot tub repairs and purchases – Norm says to call the Pump Shop in Haliburton. "I don't do

what they offer. I just offer the services that they don't do – such as chemical maintenance and assuring your hot tub is ready for you when you arrive at the cottage." The Pump Shop offers a wide range of services, including hot tub chemical sales, repairs, and new tub sales.

In the old days of cottaging the fall close-up used to be a relatively simple matter: drain the pump, the holding tank, the hot water heater, put antifreeze in the toilet tank, pull the line out of the lake, and say goodbye until the spring! Ah, the

good old days!

Nowadays, however, cottages are second homes, heated all year round and ready for a visit during a scorching July or a freezing January. "We check out all the cottage systems, the alarms, hydro of course, the oil tank level if needed. Sometimes if there has been extreme cold weather the oil can actually become gelled – which can make your plumbing susceptible to freezing."

Norm also inspects the cottage grounds and docks if necessary, removes excess snow from roofs, and makes sure he keeps a check list of all the services he performs for each customer. "We keep a special data sheet that is acceptable to insurance companies – just in case something does go wrong between visits. This is very important for the owner." Norm also keeps cottagers fully informed about exactly what he's done, and what might need to be done in the future. He can tailor his maintenance schedule to each individual



cottager's needs. If a customer is a regular weekend warrior, he can make sure all systems are constantly up and running. If someone just wants to make sure all's well for a Christmas visit, Norm can adjust his service according.

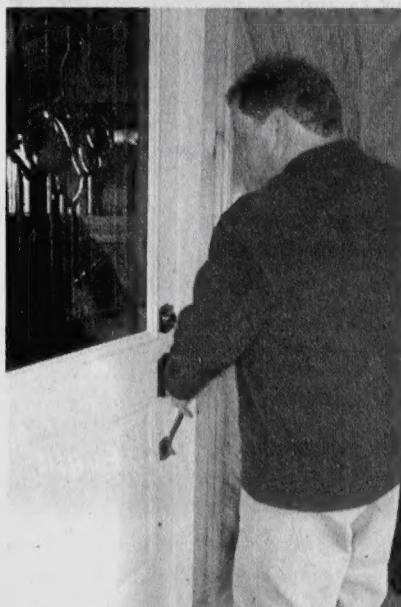
As every hot tub owner knows, proper chemical maintenance is essential for its safe, year-round operation. Norm is fully qualified to keep your hot tub clean and fresh no matter what the season. This is a service that is simply a blessing to all kinds of busy home owners and weekend visitors – to know that all your hot tub maintenance is taken care of – properly and efficiently.

Norm Barry gives all his customers personalized, friendly and

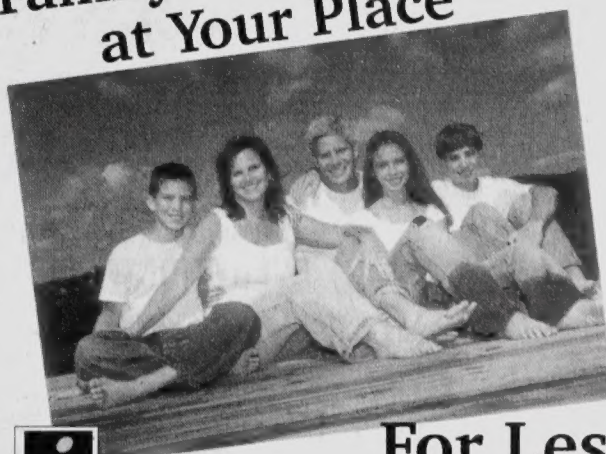
reliable cottage, home, and hot tub maintenance all year round. You can reach Norm at 705 754-1078.

Pictured is Norm checking the chemical levels & adjusting the hot tub. He will also make sure your cottage is secure & looked

after while you are not there.



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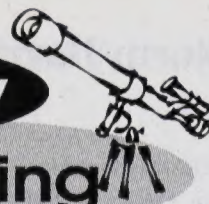
Highland St. Haliburton **457-2713**

Adult Badminton Has Started!! Come Have Some Fun!!

Bring your racquet and running shoes and head on out to the Archie Stouffer Elementary School in Minden on Monday evenings for some fun, fellowship and fitness. Adult Badminton is offered every Monday from 8 p.m. – 10 p.m. There is a \$5 membership for the season which started on September 18 and goes to May 28th.

This is a fun league – and you can come out anytime to play. If you require further information please call 286-1765.

Scientifically Speaking



Why are car tires black?

Tires are black because they contain carbon black, which is added to tires to minimize wear. It also extends the lifetime of a rubber tire from 5,000 miles to 60,000 miles.

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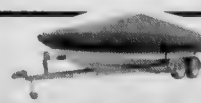
SUBARU

HALIBURTON COUNTY'S

CLASSICS—ANTIQUES & HOT RODS



Lloyd and Ella Smith are showing off their dream car. This 53 Chevy Belair convertible was a basket case when they purchased it. The previous owner found this jewel in a wrecking yard in New York and brought it to Bobcaygeon. The Smiths had a complete restoration done. Everything is original except the paint. This car sports a straight 6 engine and belair - means it is an automatic.




Darlene's

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Complete Boat Tops & Repairs.**

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DUMB CRIMINALS

MORON OF THE WEEK: A bank robber in Santa Barbara, Calif., escaped with \$3,000 in cash, but the teller dropped in an exploding dye pack, too. He was last seen running across the parking lot with "a whisper of red smoke trailing in his wake," a police spokesman said. The robber went straight to a coin-op laundry and tried to wash the dye off, but it was permanent. He then tried adding green food coloring to the bills, but the result was so bad that he threw the money in the trash. Very soon afterward, police stopped at his home. Fred Bendtzen, 48, was arrested and charged with bank robbery. How did the police identify him so fast? His demand note, which he left behind at the bank, was written on the back of a pay stub bearing his name and address. ...At least he learned the lesson that money that's earned is cleaner than money that's stolen.

A BANG-UP JOB: Police in Victorville, Calif., are looking for an unsuccessful burglar. Tapes from a security camera at a cell phone store show the burglar tried to enter the store by shooting the lock while an accomplice watched. "It's actually pretty funny," said the store's co-owner, Cary Walker: the tape shows the bullet bounced back and hit the gunman in the chest. "It hit him so hard it knocked the air out of him and he threw up on the spot." Police found the bullet at the scene, and put out an alert to local hospitals. "I guess they've been watching too much television," Walker said, "because it just doesn't work like that." ...Right: on TV they use blanks.

Personalized Limousine Services & Hyland Taxi **LIMO BUS**

SCHEDULED TRANSIT SERVICE

New Morning Route

Monday - Friday

New Morning Route

Departing

Haliburton	Town Docks	7:15 am
Eagle Lake	Eagle Lk Country Market	7:35 am
West Guilford	W. Guilford Shopping Cntr	7:50 am
Carnarvon	Bowling Alley	8:10 am
Minden	Court House	8:30 am
Returning to Haliburton		9:00 am

Departing

Haliburton	Town Docks	5:15 pm
Minden	Court House	5:45 pm
Carnarvon	Bowling Alley	6:10 pm
West Guilford	W. Guilford Shopping Cntr	6:25 pm
Eagle Lake	Eagle Lk Country Market	6:40 pm
Returning to Haliburton		7:00 pm

\$10 per person

CHARTERED SERVICES AVAILABLE 457-9898

Rates & Times subject to change without notice

W3 Announces Wireless High Speed County Network Completion

W3 Connex CEO and President Brian Walters in a presentation to County of Haliburton Council meeting on September 27th stated that "despite the recent adverse weather, W3 is proud to announce that we are within 2 weeks of completing the build of the first phase of our wireless high speed network and that my staff along with our local installation partner John Fountain Electronics will start connecting County sites with a plan to have this completed by the end of October." In response to a question from Council, Mr. Walters stated "the really good news is that this means we can now start contacting the over 500 residential and commercial customers who have expressed an interest in receiving out service."

Phil Thomson, W3 Vice President of Marketing and Sales who has been overseeing the network build, explained to Council the process that W3



will follow. "You will recall that we have been running ads since the spring asking people to express their interest in our service. As promised, W3 staff has plotted all these requests on topographical maps which allow us to see the pockets of interest and to estimate the probability of "Line of Sight" which is the ability to see one of our towers from a customer's location and both factors are critical for us to provide service. "" Mr. Thomson advised Council that "next week, W3 staff will start contacting folks with line of sight, starting with the largest pockets and over

the next month we will be contacting everyone to let them know their current status. Once people have been advised that we may be able to serve them in the initial wave, they will be requested to complete a

formal service application and following this they will be contacted to arrange for a mutually convenient time to perform a site-survey and the immediate installation of service. Mr. Thomson further assured Council that "there is no charge for the site survey if we find we are unable to provide service. For people we cannot serve in the initial wave, we will be using a constantly updated list of everyone who has expressed interest to develop plans for serving all significant pockets of interest."

As a part of his presentation, Mr. Walters detailed the locations of all the initial towers sites, starting in the north with Huntsville, Dwight, Dorset, and Kennebec Lake to Haliburton. He said that "this northern backbone uses existing towers however we have had to build new towers on Vinegar Hill (located on Essonville Road), Wilberforce, Harcourt, Highland Grove and Gooderham. We are already looking at adding additional tower sites to provide coverage based on the high level of interest in other areas as well", said Mr. Walters.

W3 and its subcontractor partner Expertech Network installation Inc. are also building a high speed broadband network using fiber optic technology to run from Lindsay to Minden and Haliburton that will be providing high speed links to serve members of Haliburton Connects consortium (the County of Haliburton, Trillium Lakes District School Board and Sir Sanford Fleming College). "The W3 team is working hard to provide broadband service in a timely and cost effective manner and we are excited about this project as it will provide much needed broadband service to currently unserved and underserved areas of Haliburton County" said Brian Walters. "This network represents an important milestone in the growth of W3 and has enabled us to refine our community network model which is important for future community broadband network opportunities."

W3 Connex Inc. is a privately held Canadian company that provides broadband services to communities in Ontario. The company owns and operates carrier class networks using hybrid fiber optic and broadband wireless technologies, and provides Internet Access and private data line services at speeds up to Gigabit per second. W3 utilizes "best-in-class" wireless technologies from industry leading manufacturers and plans to replicate its business model into other regions of Canada and the US once successfully deployed in Ontario. The company's website is www.w3connex.com.

Boyd's 2006 Fall Special Event

Fall Harvest of Friendship

SAT., OCT. 14

BOYD'S

Celebrate Friendship with
Two Special Edition Premiers!

Celebrate the special bond between friends with a pair of premier edition friends; Bea Goodfriend, a 41 cm H mink-style bear with a friendship key medallion, a \$34.99 value and Ima Basketcase, an intricately adorable 9cm H Bearstone, a \$29.99 value. Bea and Ima are available for \$24.99 each for a limited time only. When they're gone, they're gone..don't miss out!

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Haliburton Ontario

Not Quite Main Street
(705) 457-2959
County Rd 21, Haliburton
www.teddytime.com

Chamber Annual Meeting and Awards Night Changed This Year

This year the Haliburton Highlands Chamber of Commerce is not having an AGM and Awards Dinner combined, instead, they are splitting the two events up and holding their regular AGM Business meeting on November 9th, 2006. They are still looking for a venue, so we will post the information on location in our next issue.

Then in the new year, the Chamber will be holding an Awards Gala (which use to be held with the General Meeting – recognizing the Business of the Year and Highlander of the Year).

This year they will expand the awards, perhaps up to 6 awards, in recognition of several businesses and community leaders. Everything from youth to senior. Chamber representatives have formed a committee and are working towards the final product. As more information becomes available, we will let everyone know. Normally this time of year, they are asking for nominations, but this will be taking place in the new year.

The Chamber is seeking volunteers for position of Director for this great organization. (See ad beside this story). Don't miss out on your chance to help out and be part of this team.

And don't forget – if you're not a member already – join up today!! Contact representatives at the chamber for more information – 286-1760 and see what they can do for you.



Haliburton Highlands
CHAMBER of COMMERCE

BOARD OF DIRECTORS Volunteer Opportunity

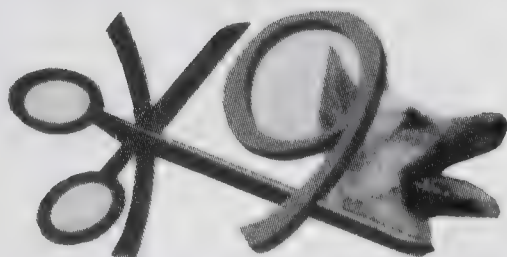
The Haliburton Highlands Chamber of Commerce (HHCC) is a non-profit community organization dedicated to promoting its member businesses. Through its leadership the Chamber is committed to continuously promote and foster the business climate and enhance the quality of life in our community.

As a member-based business advocacy organization we are dedicated to providing a strong voice in support of the economic vitality of our community.

We are seeking volunteers from our membership to join our board. The Director would also be required to sit on one of the sub committees.

Ideally, the Director would have business experience, knowledge of the community and an interest in community development. If interested please forward a letter of interest and a brief outline of the contribution you can offer to assist our board in future endeavors by October 23/06 to:

Haliburton Highlands Chamber of Commerce
Box 147 Minden, Ontario K0M 1S0
Phone: (705) 286-1760 Fax: (705) 286-6016
E-mail: charlene@hhchamber.on.ca



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SOLD



GREW 174 LE

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6Hp - \$1,604

8Hp - \$1,938

9.9HP - \$2,181

15Hp - \$2,472

20HP - \$2,740

4 Stroke

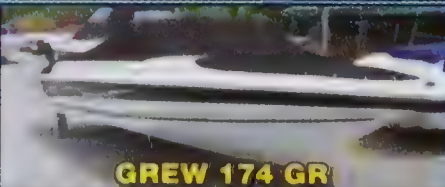
6Hp - \$1,822

8Hp - \$2,191

9.9Hp - \$2,480

15 Hp - \$2,723

20Hp - \$3,130



GREW 174 GR

90 hp Yamaha Four Stroke, EZ Loader Trailer, Tonneau Cover, Clarion CD Player, Tilt Steering, Flip Up Bucket Seat, Snap In Carpet, Swim Ladder, Auto Bilge Pump

\$20,995*



GREW 184 GR

115 hp Yamaha Four Stroke, EZ Loader Trailer, Tonneau Cover, Clarion CD Player, Highback Bucket Seats, Tilt Steering, Swim Ladder, Auto Bilge Pump

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GREW 186 Sport Deck

115 hp Yamaha Four Stroke, EZ Loader Trailer, Tonneau Cover, Clarion CD Player, Tilt Steering, Flip Flop Seat, Snap In Carpet, Table, Swim Ladder, Auto Bilge

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GREW 188 GR

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GREW 194 GR

5.0 L Mercruiser, Camper Top, Tilt Steering, Clarion CD, Highback Bucket Seats, Auto Bilge Pump

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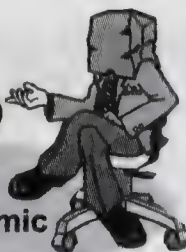
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Getting Older

by the Bashful Comic

Getting older has its drawbacks, but I guess there aren't too many good alternatives to getting older. Whenever you see a gathering of seniors, it is an even bet they are talking about everything that is wrong with them.

You know, the usual, memory, urinary problems, knees, eyesight, etc., etc.

Well, I am a senior and I absolutely refuse to discuss these issues with everyone else.

With this in mind, I bought myself a new scooter. I wanted something that was easy on gas and could zip me to the store and about town. This seems to meet my EVERY need. I love it!



Remember: Senior Citizens Are Valuable...

We are more valuable than any of the younger generation:

- We have silver in our hair.
- We have gold in our teeth.
- We have stones in our kidneys.
- We have lead in our feet and
- We are loaded with natural gas

If it weren't for STRESS I'd have no energy at all.

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2288 - \$19,900 2003 Jeep Liberty Sport, 3.7L, auto, PW, PL, CD, A/C, balance of warranty, Black, 52,000 kms.	2293A - \$20,900 2004 Dodge Ram 1500 ST LB 4x4, 4.7L, auto, Tow, A/C, Tow, Contractors Cap, Silver, 82,000 kms.	06-75A - \$20,900 2004 Dodge Ram 1500 ST LB 4x4, 4.7L, auto, Tow, A/C, White, 48,000 kms.
2252 - \$19,900 2003 Dodge Ram 1500 SLT LB 4x4, 4.7L, auto, Tow, Moulded Running Boards, 87,000 kms.	06-14A - \$19,900 2003 Dodge Dakota Quad SB 4x4, 3.9L, auto, A/C, CD, PW, PL, Patriot Blue, 53,545 kms.	2283A - \$24,900 2005 Chevrolet Equinox LT AWD, 3.1L, auto, A/C, CD, PW, PL, Silver, 27,000 kms.
06-68A - \$39,900 2005 Ford Lariat Super Duty 250 Club 4x4, Powerstroke Diesel, Auto, Leather, loaded, Ready to Plow, White/Tan, 21,000 kms.	2205A - \$15,900 2003 Dodge Caravan SXT, 3.1L, auto, A/C, CD, PW, PL, Keyless, Onyx Green, 41,011 kms.	06-18A - \$13,900 2007 Dodge Grand Caravan Sport, 3.1L, auto, A/C, CD, PW, PL, Keyless, Patriot Blue, 95,500 kms.
06-80A - \$13,900 2007 Dodge Grand Caravan Sport, 3.1L, auto, A/C, CD, PW, PL, Keyless, Steel Blue, 89,323 kms.	06-21D - \$52,900 2005 Ford 450 Jayco Greyhawk, 250S Class "C" Motorhome, Leather, Tipout, A Stair at \$52,900.	06-117A - \$12,900 2002 Dodge Caravan, 3.1L, auto, CD A/C, PW, PL, Patriot Blue, 80,580 kms.
2282A - \$10,900 Ford Windstar SEL, 3.0L, auto, A/C, CD, PW, PL, Keyless, Maroon/Tan, 113,500 kms.	07-10A - \$6,900 Ford Windstar SE, 3.0L, auto, A/C, CD, PL, PW, Tan, 182,000 kms.	06-92A - \$6,900 2000 Mazda MPV DX, 4.0L, auto, A/C, PW, PL, Silver, 160,699 kms.

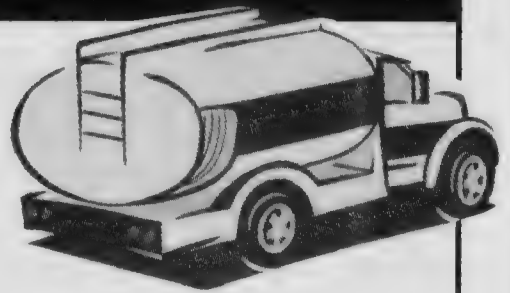
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Propane vs. Oil



What's the difference?



Propane has become quite popular in recent years. Many new homes are having propane installed to fuel cooking appliances, barbeques, as well as hot water heaters and furnaces. With the attraction of one supplier, one bill can be very enticing. Propane is also a few cents less per litre than oil and therefore cheaper, right?

To figure out the actual cost, you need to calculate the cost per BTU. BTU's, for simplicity, are the amount of heat in fuel.

1 litre of propane contains 25 217 BTU's
1 litre of furnace oil contains 36 668 BTU's

The price of propane is around 69¢/litre. The price per 100 000 BTU's is
\$2.74

The price of oil today is close to 76¢/litre. The price per 100 000 BTU's is
\$2.07

An average home will consume around 80 000 000 BTU's over the winter.

The cost of heating with propane: \$2,192.00

The cost of heating with oil: \$1,656.00

The difference \$ 536.00

What would you do with an extra \$500 a year?

Ontario Early Years Programs For October

Ontario Early Years and John Howard Society- Family Story Circle Parents/ guardians and children up to 6 have fun sharing books, songs, activities and snack together. Join us each week to learn how to help your child become a good reader. Friday Oct. 6 to November 24 from 10:00 to 11:30. To register please phone 286-4625 or 457-3430. Ask about transportation.

Play and Learn in Wilberforce with the Ontario Early Years Mobile Outreach. Drop-in and see us every other Thursday at the Lloyd Watson Centre from 9:30 am to 12:00 pm. Parents and children 0 – 6 years will enjoy activities, crafts, and active circle times; toy and book lending; ideas to help keep kids healthy and safe; nutritional snacks; and guest speakers. Join us on October 19; November 2, 16, 30; December 14. Call Ontario Early Years Haliburton for more information 457-2989.

Ontario Early Years Haliburton - Swim and Gym
8 sessions for families with children 0-6 years at the Wigamog Inn. Splish, Splash, and Play! Families that play together stay fit together. Join us Friday mornings starting October 13th to December 1st by registering at our Early Learning Centre 457-2989.

Ontario Early Years Children's Learning Centre in Minden - When the Kids Fight! Are you looking for less fighting and more cooperation between your children? It is possible! Join us to gain quick tips and ways to make life easier for the whole family through

this 6 part workshop series. Thursday's starting October 5th to November 9th. To register, please call 286-4625. Light supper and childcare will be provided – please enquire.

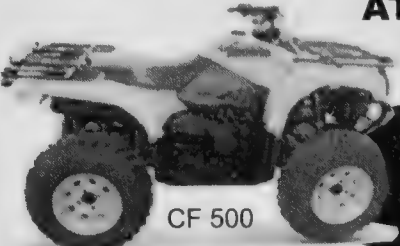
Ontario Early Years with Haliburton Dance Arts Studio - Kindergym Parents and children 18mths to 3 years will enjoy this energetic program that gets children and caregivers excited about music and movement. Join us every Tuesday starting October 3rd to November 28th from 10:45 am to 11:15 am. Please register at 457-2989.

Ontario Early Years – Parent Talk Times
Between 10:00 am and 11:00 am relax with other parents and gain valuable information around Nutrition for Kids with Beth Maceachern from HKPR District Health Unit. No need to register. Haliburton OEYC on October 12th and Minden OEYC on October 16th.



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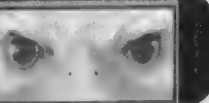
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Minden 705-286-4826

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Turkey Shoot at Popcorn Pond

The Wilberforce Canadian Royal Legion is holding their annual Thanksgiving Turkey Shoot on Saturday October 7th.

This fun-filled event starts running at 10:00 am, so don't be late. The Turkey Shoot is being held at Popcorn Pond, which is located approximately 1 1/2 km south of Wilberforce, right before Wilbermere Lake.

Make sure that you look out for the signs that will be posted to find your way there, Lunch and coffee will also be available.

There will be turkeys and hams to be won, which ever you prefer, and they are won by Target Shooting, who ever gets the most pellets into their target wins one of the many turkeys or hams. Pellet guns will be available on site.

This event is open to the ladies too, so don't be afraid to come on down and give it a try. Nothing is going to be stopping this event, because it's running rain or shine!

So come on down to Popcorn Pond to have a great time with friends while supporting the Legion Fundraiser.

Wildlife in Your Woodlot – Furbearers

Kinark Outdoor Centre, Friday, October 27, 2006 9am - 3pm

Wildlife commonly referred to as furbearers are frequently those elusive creatures that can be hard to understand, manage and identify. Learn from wildlife experts about the biology, populations and coexisting with fisher, beaver and wolf among other furbearers on our local landscape. An expertly guided field trip, presentations and hands-on demonstrations with take home material will increase your understanding of these little-known but vital components of your woodlot.

The cost is \$20 per person, which includes lunch. For more information, or to register, contact: Nicole Tuyten (705) 286-5206, Nicole.tuyten@mnr.gov.on.ca
www.ontariostewardship.org/Haliburton

Over 50 Pick Up Hockey

If you are over 50 and would like to play some hockey why not join others for some great daytime pick up hockey at the Minden and Haliburton Arenas. The pick up hockey has been happening in Haliburton for close to 5 years and this is the second year for Minden. In Haliburton the pick up hockey is scheduled for Wednesdays at 1 pm and in Minden it is on Mondays at Noon. The season officially has started but it is never too late to come out and play. You must be over 50 to participate during these times.

If you are interested in playing in Minden, call Don at 457-1110, or for more info on the Haliburton pick up time call Glen Smith at 754-3745.



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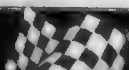
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Rules of Life... As Viewed By Bill Gates

Love him or hate him, he sure hits the nail on the head with this! To anyone with kids of any age, here's some advice.

Bill Gates recently gave a speech at a High School about 11 things they did not and will not learn in school. He talks about how feel-good, politically correct teachings created a generation of kids with no concept of reality and how this concept set them up for failure in the real world.

Rule 1: Life is not fair - get used to it!

Rule 2: The world won't care about your self-esteem. The world will expect you to accomplish something BEFORE you feel good about yourself.

Rule 3: You will NOT make \$60,000 a year right out of high school. You won't be a vice-president with a car phone until you earn both.

Rule 4: If you think your teacher is tough, wait till you get a boss.

Rule 5: Flipping burgers is not beneath your dignity. Your Grandparents had a different word for burger flipping: they called it opportunity.

Rule 6: If you mess up, it's not your parents' fault, so don't whine about your mistakes, learn from them.

Rule 7: Before you were born, your parents weren't as boring as they are now. They got that way from paying your bills, cleaning your clothes and listening to you talk about how cool you thought you were. So before you save the rain forest from the parasites of your parent's generation, try delousing the closet in your own room.

Rule 8: Your school may have done away with winners and losers, but life HAS NOT. In some schools, they have abolished failing grades and they'll give you as MANY TIMES as you want to get the right answer. This doesn't bear the slightest resemblance to ANYTHING in real life.

Rule 9: Life is not divided into semesters. You don't get summers off and very few employers are interested in helping you FIND YOURSELF. Do that on your own time.

Rule 10: Television is NOT real life. In real life people actually have to leave the coffee shop and go to jobs.

Rule 11: Be nice to nerds. Chances are you'll end up working for one.

CURRY MOTORS Auto Body Shop



It's time to **BEAT the RUST**
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A RUST CHECK TREATMENT INCLUDES:



Excellent on Used Vehicles!
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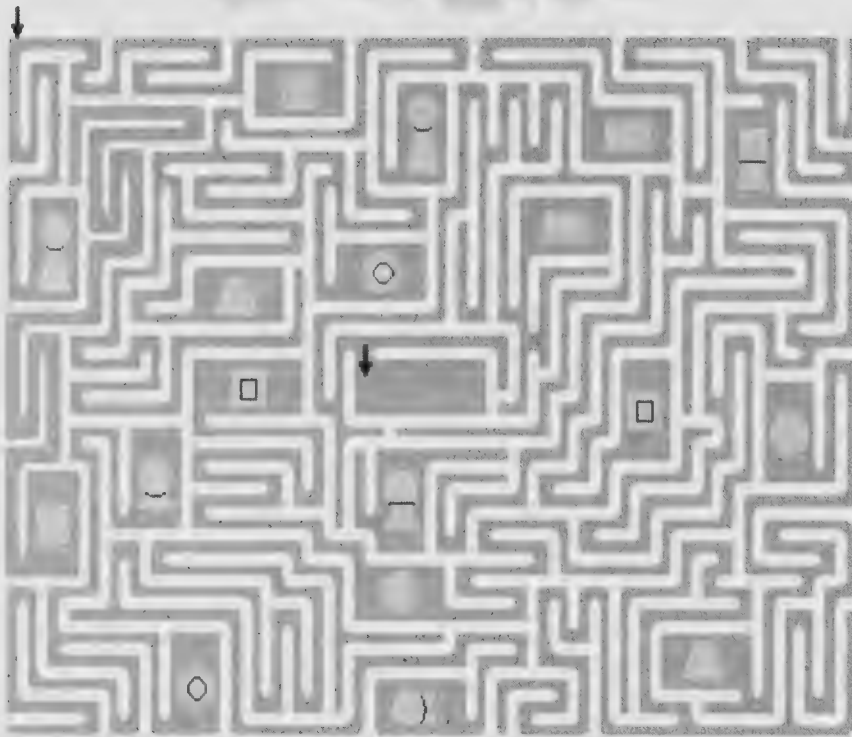
457-2765

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Unibody Repair & Refinishing Equipment

CURRY MOTORS Auto Body
Shop

**THE AUTHORIZED RUST CHECK
DEALER FOR THIS AREA**

MAZE



Volunteer Host Families Needed:

Family Services of Haliburton County is currently recruiting Volunteer Host Families. We are looking for warm, stable, friendly families or individuals to take a child with special needs into their home for one night or weekend a month. Host Families include the child in regular family activities while giving the child's parents an opportunity for a break. If you and your family would be interested in sharing some of your time with a child please call Vicki at Family Services at 457-5345 ext. 337 for more information.

Volunteer Drivers Needed:

Do you enjoy driving? Do you enjoy spending time with people? Perhaps you may consider becoming a Volunteer Driver with Family Services of Haliburton County. We are looking for kind, caring, committed individuals to become a part of the Volunteer Driving program. Training is provided and mileage and out of pocket expenses are covered. If you are interested in becoming a Family Services of Haliburton County Volunteer Driver or would like more information please call Vicki at 457-5345 ext. 337.



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Jonathan Hagarty's Unique Creations Really Catch One's Eye



Jonathan Hagarty is an aspiring young artist whose work is already visible throughout Haliburton County. Jonathan's chosen medium is wood, and in the short time he's been learning and practicing his craft he's already gained an impressive number of local clients – and been exhibited at a couple of Toronto venues.

Jonathan spent many summers in Haliburton as a youth – notably at Birch Point Lodge on Lake Kashagawigamog – where families

would return year after year. Later on his older sister Andrea Hagarty would make Haliburton her permanent home – eventually marrying Monte Miscio and becoming the owners of the Bonnie View Inn next door. But Jonathan took a different route “back” and spent a number of years on the West Coast before finally returning this past year to Haliburton.

“The moment I first tried woodworking it seemed to work for me,” says Jonathan, “and I’m excited by the results I’m getting – and the reaction to my work around the County.” Jonathan has already created a number of arresting signs



for Haliburton businesses – notably at Henwood's Variety on the village's main street, as well as for Northland Marina in Carnarvon and Jan's Hair Affair in Ingoldsby. He's also carved a number of pieces for sister Andrea at the Bonnie View, as well as a welcoming podium for the soon-to-be-opened Tracy's in Haliburton.

During the past few months his work has been exhibited at shows in Toronto at Queen West and with others at the Spin Gallery at the Drake. But he's happy to continue to hone his work here in Haliburton: right now he's in the middle of a sign project for Danielle's Hair Salon, and he's anxious to pursue other commissions as well as continuing to create his own sculptures.

Jonathan's happy to consult with each individual client for as much time as necessary to insure the results meet their needs. He can be reached through the Bonnie View Inn at 705 457-2350.



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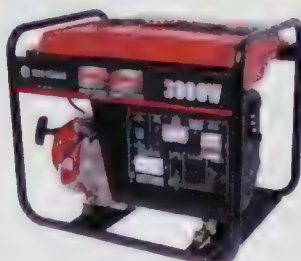


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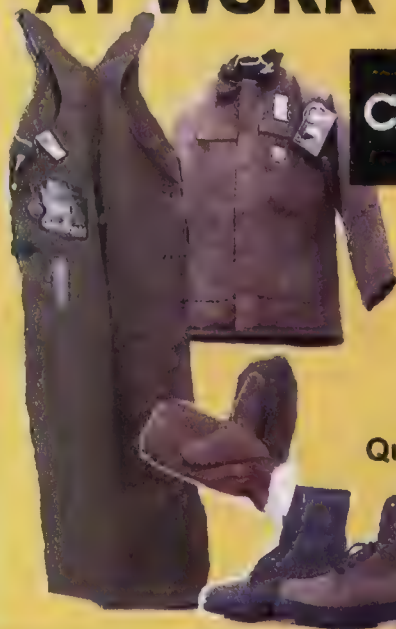
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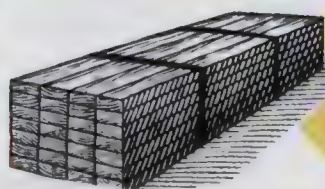


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Who Dun It



Case of the Stolen Car

Detective Minden arrived at 1020 John St. where he was met by Richard Rukus who had reported his car stolen. Richard drove a really hot vintage corvette sportscar. Minden thought to himself that he was glad he only owned a Volkswagon Beetle. It was a fun little car but not too flashy. It didn't attract attention or thieves.

"Boy am I glad you're here," said Richard. "I can't believe someone stole my vet. I just got home from work. I was getting out of my car when someone hit me from behind, took my keys and took off with my car!"

"Did you see what he looked like?" asked Minden.

"No, it happened so fast. I was knocked out, and when I came to, I could only hear the car racing down the road. I was dazed, but I stumbled into the house and called you right away," replied Richard.

"Is there anyone in the house that may have seen the culprit?" inquired the detective.

"No sir, I live here alone. The only person that ever comes around is the maid, and she's only here on Mondays and Fridays. Boy am I ever glad I had theft insurance on that car. It's worth over fifty thousand dollars you know!"

"Well, I doubt you'll be able to collect on that money Richard. There's a large flaw in your story."

What is the flaw that Minden found in the story?

for answer see pg. 53

Never be too open-minded,
your brains may fall out.



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The Name's Familiar...



George Pullman



The Pullman Sleeping Car was invented by cabinet-maker turned building contractor turned industrialist George Pullman in 1857. Pullman's railroad coach or sleeper was designed for overnight passenger travel. Sleeping cars were being used on American railroads since the 1830s, however, they were not that comfortable and the Pullman Sleeper was very comfortable.

His first attempts were in 1863, when his company produced the Pioneer train car. The Pioneer was oversized and overly luxurious. It was too tall to pass under bridges and was put

aside as a failed experiment.

In 1865, however, President Abraham Lincoln was assassinated, and each state offered its finest railway cars for his funeral train. The Pioneer was included, and praised by dignitaries. The publicity helped make Pullman a rich man.

The name Pullman at first was applied only to train cars made by the Pullman company, but it was soon associated with any luxuriously fitted railway car. For a time, the very rich had their own personal Pullman cars, a sign of luxury much like a personal Learjet is today.

Pullman himself was reputed to be a ruthless businessman. One of the things he required of his employees was that they relocate to a company town called Pullman. Funded by George Pullman at a total cost of \$8 million, the town of Pullman, Illinois was built on 3,000 acres west of Lake Calumet in 1880 to provide housing for his company workers.

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It's The Law!



Tennessee

It is illegal to use a lasso to catch a fish.

In Dyersburg, it is illegal for a woman to call a man for a date.

In Memphis restaurants, it is illegal to give any pie to fellow diners. It is also illegal to take unfinished pie home. All pie must be eaten on the premises.

Also in Memphis, it is illegal for a woman to drive by herself; "a man must walk or run in front of the vehicle, waving a red flag in order to warn approaching pedestrians and motorists."

Virginia

In Richmond, it is illegal to flip a coin in any eating establishment to determine who buys a cup of coffee.

In Norfolk, a man may face 60 days in jail for patting a woman's derriere.

There is a state law prohibiting "corrupt practices of bribery by any person other than candidates."

In Lebanon, it is illegal to kick your wife out of bed.

Open Forum



Letters To The Editor

Don't Mess With Election Signs...

It would certainly appear with only a short time to go in our municipal election, supporters or troublemakers are destroying the candidates signs that are running in the election. I would like to inform the general public there are laws specifically written to deal with those who destroy property of candidates running in any elections. If anyone is witnessed removing or destroying signs they will be charged and prosecuted the maximum limits of the law. Thank you.

Tim Drew

CRAZY But True Law Suits

Driving Lessons In Order..

Mrs. Merv Grazinski, of Oklahoma City, Oklahoma, purchased a new 32-foot Winnebago motor home. On her first trip home - from an OU football game, no less - having driven on to the freeway, she set the cruise control at 70 mph and calmly left the driver's seat to go to the back of the Winnebago to make herself a sandwich.

Not surprisingly, the motor home left the freeway, crashed and overturned.

Also not surprisingly, Mrs. Grazinski sued Winnebago for not putting in the owner's manual that she couldn't actually leave the driver's seat while the cruise control was set.

The Oklahoma jury awarded her - \$1,750,000 PLUS a new motor home. Winnebago actually changed their manuals as a result of this suit, just in case Mrs. Grazinski has any relatives who might buy a motor home.

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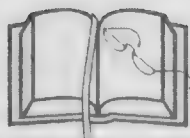
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Lange On The Law



by **Donald J. Lange**
Barrister & Solicitor

Drainage Problems with Neighbours

There are two ways that water drains from rural land, and both occur here in the County of Haliburton. One way is by a stream or creek – a natural watercourse. A natural watercourse is established when water flows along a defined channel, with a bed and banks, for a long period of time. It is not essential that the water supply be continuous or that it provides a water source for flora or fauna. It is sufficient if the water rises periodically from natural causes and reaches a plainly defined channel of a permanent character. Spring run-off by a small stream flowing to a lake is a good example. The stream is often dry in the summer months.

A natural watercourse is protected by various government bodies like the Ministry of Natural Resources. You cannot divert the direction of the water flow or obstruct its flow without getting yourself into deep trouble. You may find that the watercourse adjacent to your property is full of brush and debris clogging the flow of water, which is then backing up onto your property. You may remove the brush and debris to get the water moving downstream. However, before removing these obstructions, you should estimate the flow and volume of water being held back upstream in order to determine whether the channel downstream can accommodate the sudden increase in flow without damage to neighbouring lands. You could very well be liable for the damage downstream.

The second way that water drains from land is from the surface. Surface water is water that falls as precipitation ultimately finding its way to a natural watercourse. Unlike a natural watercourse, it has no defined course and no right of drainage. If surface water of a neighbour flows to a neighbour at a lower elevation, and the higher neighbour has done nothing to collect or concentrate the flow of water from the lands, a court will not penalize the higher neighbour because the law recognizes that water flows downhill naturally. However, suppose eavestrough water is deliberately collected and drained to the lower neighbour's land eroding those lands. Since this water is surface water with no right of drainage, the lower neighbour could dam the water at the property line to protect the lands from eroding. The lower neighbour could also take legal action due to the erosion.

In the next column, I will be talking about the *Consumer Protection Act*.

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Looking For Work? Looking For Employees? Have A Business Idea?

The Employment Centre Can Help ...

The last few years have seen good economic times for Haliburton County – particularly if you happen to have a skilled trade, or work in any capacity in the various sectors of the building industry. But the times have been less good in other sectors of the local economy – notably the resort and hospitality industry for example – and the stubbornly high levels of local unemployment have proved very difficult to bring down.

Haliburton County has always had a high percentage of unemployed relative to the provincial average due to the seasonal nature of much of the available work. Over the years various employment programs and strategies have been tried to help the unemployed get into the work force for the long term. For the past few years the Fleming Employment Resource Centre has been at the forefront of this effort with a variety of programs designed specifically with the needs of Haliburton employers and workers. The programs are paid for by the federal



government through a contract with Fleming College and are headed by Employment Counsellor Sharyn Bray.

"We want the public to know that we're here for anyone who is currently unemployed anywhere in the County and who wants to find ways to get work," says Sharyn. It's important also to point out that the Centre is not a part of the Employment Insurance (EI) program, which has offices in Peterborough and Lindsay (and of

course can be accessed through the Internet) although people currently receiving EI are eligible for many of the programs.

"Many Haliburton businesses and not-for-profit enterprises have used our programs over the years to great effect," says Sharyn. "Our Targeted Wage Subsidy Program allows employers to provide work experience with a view to permanent employment for many of our clients, subject to certain conditions, and we subsidize the employee's wages from 30 to 50 percent over the term of the agreement, which is usually from 6 to 12 months."

The Centre also offers a whole range of skills development programs as well as a very popular and successful "self-employment benefits" program for budding entrepreneurs who want to start their own business. In concert with the Haliburton County Development Corporation (HCDC) this program allows individuals to develop a business plan and actually start out, while being helped financially. The HCDC works with applicants on the specifics of the business plan before it's submitted to the feds for approval.

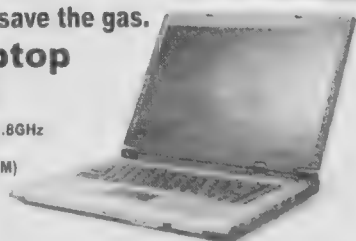
The Employment Resource Centre also offers an 8-week group program that has proved highly successful. Sharyn Bray acts as the Group Facilitator for the weekly, three-hour sessions where as many as 10 participants work on such topics as resume and personal portfolio skills, interview techniques and personal presentation. "These groups have really been beneficial to many of our clients, and not just for the skills they learn. For many participants it represents a very useful 'networking' aspect to their job search. And they also have the opportunity to confront other problems in their approach to employment that they may not have been aware

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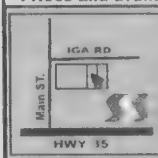
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Employment Centre cont'd... pg. 27 ...

Personal Support Worker Program Haliburton Campus Classes start Monday January 8, 2007

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If you would like more information on the PSW program plan to attend one of two information sessions scheduled for Thursday, October 12th at 3:00pm and at 7:00pm at the Haliburton Campus or call 705-457-1680 for more information.

Employment Centre cont'd....

... from pg. 26

of. They develop a plan of action with the group and really help each other to succeed. We're very pleased with the success rate."

Sharyn Bray wants to emphasize that the Employment Resource Centre is there to help – and that solutions can be found. All you need at the outset is to make a call and schedule an appointment with Sharyn to determine exactly what kind of help the Centre can offer you.

The Fleming Employment Resource Centre is open Monday to Friday from 8:30 am to 4:30 pm in the Village Court Plaza in Haliburton. You can reach Sharyn for an appointment during office hours at 705-457-2020.

Learn About Wolves

If you like wolves or would like to learn more about them, the Haliburton Highlands Field Naturalists' will be hosting a presentation on "WOLVES" given by Brent Patterson, Field Research Scientist for the MNR.

The meeting will be held on Thursday, October 19th at 7:30 p.m. at the Haliburton Museum on Bayshore Rd. off of Hwy. 118. Everyone is welcome to attend. For more information, contact Mac Ellis at 705-457-2464

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If you didn't received your calendar in the mail drop into the college to pick one up or call 705-457-1680 to have one mailed to you.

Photography Juried Exhibition

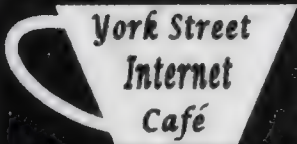
*Agnes Jamieson Gallery, 174-176 Bobcaygeon Rd, Minden,
October 18 to November 18*

Get your camera out and start clicking. This year's Photography Juried Exhibition is just around the corner, so you won't want to miss it.

The categories for this year's photography exhibition are: People, Wildlife, Time-exposed, Black & White, the Highlands, Still-Life, Reflections, Digital Manipulation, and Patterns. The age categories are adult and youth (up to age 16). Entry forms and rules can be downloaded from the Centre's website or are available at the gallery reception desk. Participants may enter in up to two categories. All pieces must be appropriately framed.

Deadline: Entries must be received at the Agnes Jamieson Gallery by 3pm on October 6. The Awards ceremony is being held October 21 at 1pm

For more information call 705-286-3763 email:
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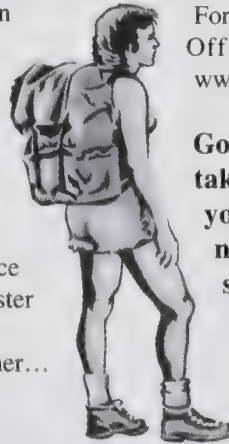
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4th Annual Haliburton Hike Festival

Hike, bike, slide, ride - you can do it all in Haliburton County! The Haliburton Highlands Trails and Tours Network can help you do it in the outdoors. The Trails and Tours Network is an organization dedicated to the development and promotion of trails and tours in Haliburton County. They strive to provide quality recreational trail and tour opportunities for visitors and residents, protect the health and beauty of the natural environment, enhance the local economy, promote healthy lifestyles and foster community pride and participation.

One of their biggest events is just around the corner... it's the annual...



For more information call: 489-4049 or visit the Trails & Tours Office in Carnarvon or visit their website at www.trailsandtours.com

Go to pages 48 to 51 to see an outline of each hike taking place. Each hike is only \$2 per person and you can go on as many hikes as you like. Please note that all hikes will take place rain or shine. Be sure to dress appropriately for the weather and wear comfortable, sturdy footwear.

**Hikes outlined in detail
on pgs. 48-51...**

Hike Haliburton Festival - October 13, 14 & 15

Don't Miss The Blast Off BBQ Friday! Blister Ball & Silent Auction Saturday!!

It's back - bigger and better then ever... it's the 4th Annual Hike Haliburton Festival. This year's program features over 30 themed and guided hikes as well as two great evening events you won't want to miss.

Enjoy the Blast off Barbeque Friday evening at Sir Sanford Fleming College in Haliburton. Enjoy tasty beef or veggie burgers - all for just \$5 per person. The BBQ starts at 5 - 7 p.m. The

college is located off County Road 21 on Industrial Park Rd. - follow for ½ km then turn right onto College Rod to the end.

Saturday is Blister Ball & Silent Auction night at the Carnarvon Bowl with live music Featuring Arden and The Tourists. The fun begins at 8 p.m. to 1 a.m. The cost is \$15 per person (\$10 for Trails & Tours members). Age of majority required. This is a smoke-free event.



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Where Are They
Now?...

This new column that we will feature from time to time takes a look at actors and actresses that were once famous but have not been seen or heard from in a while. It's called "Where are they now" and it takes a look at what these once famous folk are up to now....

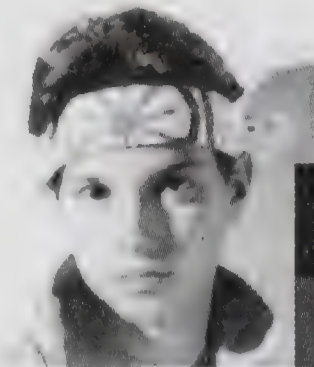
Ralph Macchio "The Karate Kid"

RALPH GEORGE MACCHIO

Date of Birth: November 4, 1961,
Huntington, Long Island, NY

Family Life: Married to Phyllis Fierro (1987 - present) 2 children - Daughter, Julia, born in 1992, son, Daniel, in 1996.

Famous For: Actor who's most notable role was that of Daniel LaRusso of the Karate Kid movies. Ralph graduated from Half Hollow Hills West High School in 1979. His career started back in the late 70s doing commercials for Bubble Yum and Dr. Pepper. Congratulations to Ralph on his very un-Hollywood like marriage. He is still married to Phyllis



Fierro. They married on April 5, 1987 and have 2 children, Julia and Daniel. (You think Daniel was in honor of his Karate Kid role?)

Where is He Now? He recently starred in a movie called 'Beer League' which was written by (and also stars) Howard Stern comic Artie Lange. This movie hit the theatres briefly and should be making its way to DVD soon.



About a year ago there was talk of Ralph getting his own TV series on Fox, but that never materialized. In addition he writes and directs. A few years ago he was responsible for the HBO series 'Love Thy Brother.' He was in the Off-Broadway play, 'Magic Hands Freddy' with Michael Rispoli ('The Sopranos') and in the past couple of years he's

gotten some noted stars to participate in some readings of his original screenplay, "Mangled Care" including Matt Dillon, Rose McGowan, and Dan Lauria to name a few. Ralph is hoping it gets picked up and he can direct it. No talk of another Karate Kid movie with Ralph. Have to watch the re-run.

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Figuring Out Food Labels Take The Tour To Get The Most Out of Food Products Purchased At Local Grocery Stores

Do you lose sleep over the thought of grocery shopping? If you do, you're not alone.

Many local residents experience confusion as they try to understand nutritional information and claims on food products. It's a condition called "confused shopper syndrome," and typically strikes in the grocery store.

Thankfully, local health officials can offer a cure.

Health for Life and the Haliburton, Kawartha, Pine Ridge District Health Unit are organizing 'Figuring Out Food Labels' Tours next month in Haliburton County. The free tour will run in Haliburton Village on Thursday, October 12, at 6:30 pm.

Join Registered Dietitian Rosie Kadwell on the tour as she helps participants unlock the mysteries of food labels, understand claims made on food products, and make healthier food choices when they go grocery shopping.

The tour is free, but pre-registration is required. Call the local Health Unit office at (705) 457-1391, ext. 245, to sign up or find out more information about the event.



Don't Miss The Tour!

It's Haliburton County Studio Tour TimeAgain!!

Saturday, October 7th, Sunday, October 8th

Don't forget to take time out on the weekend of October 7 & 8th to take part in the self-guided tour of some of Haliburton County's best art studios.

The tour includes 24 of Haliburton County's Artists. Visit each studio and experience the creative process. Talk to the artists and watch demonstrations. An abundance of handmade and original works of art will be on display for show and sale. Many of our award-winning artists accept private commissions.

Brochures are available at each artist studio, the Chamber offices and at many businesses in Minden and Haliburton. See you on the Tour!

For more information please call 489-3177 or visit

www.haliburtonstudiotour.on.ca

Haliburton County Studio Tour Preview and Sale

Rails End Gallery & Arts Centre, Haliburton September 21st -
October 7th

The Members' Gallery at the rails End showcases work of artists participating in the Annual Haliburton County Studio Tour. Each artist has been invited to exhibit two pieces of work. Please note: in addition to regular Fall hours the Gallery will be open Sunday October 1 between noon and 4 pm - The Rails End Gallery & Arts Centre is located at 23 York Street, Haliburton. For more information you may contact Daniela Pagliaro/Laurie Jones 705-457-2330.

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Closed Sundays



A Taste of Italy Hospital Auxiliary Fundraiser Coming to Haliburton

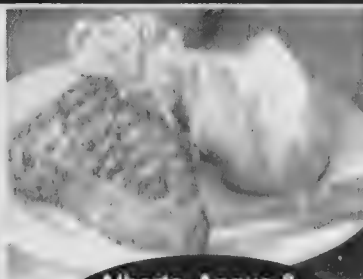
Great food, wine, fun and shopping await all who attend the Haliburton Hospital Auxiliary's second annual "A Taste Of Italy" fundraiser taking

place at the Haliburton Legion on October 28th. The evening was a huge success last year paving the way for a repeat again this fall.

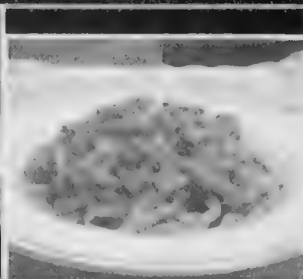
The evening begins with a silent auction at 6 pm. There is a cash bar and anti-pasto. Dinner will be served at 7 pm featuring a bottomless Caesar salad, rolls, spaghetti and meatballs, homemade pie and tea/coffee. Complimentary wine will be served with dinner. All of this can be yours for an amazing \$20 per person! Tables of 8 to 10 can be reserved by advanced bookings. Tickets to the evening are available at the Haliburton Hospital Gift Shop between Monday and Saturday from 11:30 am and 3:00 pm. You can also call Donna at 754-3738 or Joan at 457-3919 for more information..

Don't miss this fun filled night of great early Christmas shopping and great food while supporting your local hospital auxiliary.

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Ribs Seafood Steak Pasta
Seafood Steak Pasta Ribs



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International Singer Sarah Kyle To Perform In Minden & Haliburton

Everyone is welcome to share a peaceful evening of music by candle light featuring International inspirational singer Sarah Kyle, Performing songs from Scotland, England, Ireland, Wales, Isle of Mann, Hebrides and east Coast Canada with Joe Likuski, Accompanist Melissa Stephens, and Elizabeth Penice, Michael Barkowshi & the Aurora Opera Company Singer. Sarah Kyle Has Performed as a solo guest to the Vatican and as an inspirational performer of Billy Graham Mission.

Sarah Kyle performs with Accompanist Melissa Stephens and the Aurora Singers.

Two Locations For Performances:

There will be two performances and two locations and they are as follows:

Minden - Friday October 27th at 7:30 pm at the Minden United Church - tickets \$15.00 call 286-1470 (dinner not available at this location)

Haliburton - Saturday October 28th - dinner at 5:00 pm sharp (a typical Scottish dinner of meat pie and all the trimmings), Help Sarah and her group judge the "Best Shortbread in Haliburton County" Contest. Concert at 6:30 pm at Haliburton United Church - tickets \$25.00 for dinner and concert or \$15.00 for concert only. Call 457-1891.

For more information contact Minden United Church at 286-1470 or Haliburton United Church at 457-1891. Tickets available at both churches and Pharmasave Drug Store Minden, Storeroom Natural Foods Minden, and The Ethel Curry Gallery, Haliburton

Haliburton Dance Arts - Free Adult Jazz Classes

Haliburton Dance Arts, 19 St. George Street, (across from United Church Haliburton), Tuesday evening at 6:50 - 7:40 pm, No Charge

Adult Jazz class are being offered each Tuesday evening at 6:50 - 7:40 p.m. There is no charge to participate! Everyone is welcome to come out and enjoy a fun way to get in shape! Haliburton Dance Arts is located at 19 George St. Haliburton. For more information call 705-457-1561 or email haliburtondance@interhop.net



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Those Other Movies Presents: 'Wah-Wah'

Molou Theatre, Haliburton, October 12th, 7:00 p.m.

THOSE OTHER MOVIES presents Wah-Wah at the Molou Theatre, Haliburton at 7:00 pm. *Wah-Wah* is Richard E. Grant's impressive directorial debut about his coming-of-age in Swaziland in the final days of the British Empire. Very limited tickets will be available at the door.

THOSE OTHER MOVIES are excellent "other" films from the Toronto International Film Festival being held at the Molou Theatre in Haliburton on the 2nd Thursday of each month, Sept to June. Make going to the movies an event, again! Don't miss out on these chances to see some great films.

Optional discussion group to follow each film at one of the many venues in the county.

Tickets are \$7.00 at the door. Sorry there are no more season passes available. For more information you can visit the website at www.haliburton-movies.com

Upcoming Bus Trip

November 7 & 8 - Community Care has organized an overnight bus trip that will take you on a wonderful excursion to Niagara Falls and Niagara on the Lake. This trip includes transportation by Highway Coach, Accommodation 's at the Hampton Inn in Niagara Falls, one breakfast, tickets to performance of High Society at the Shaw Theatre, admission to the Botanical Gardens, the Imax Theatre, and the Butterfly Conservatory, and dinner at Hagan's on the way back to Haliburton County. The price for this overnight trip starts at \$250.00 per person. To travel with Community Care you do need to be a member of the Community Care Trip Club. If you would like to book your seat on this trip or join the trip club, please call 457-2941 before September 29th.

Food Handler Course

Haliburton - October 19, 9:30 am to 3:30 pm
At the Health Unit office (191 Highland St., Unit 301). Course teaches participants on proper ways to handle and prepare food safely. Cost \$20/person. Call (705) 457-1391.

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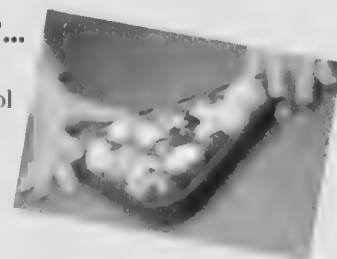


Haliburton Legion Upcoming Events

Pool Anyone?...

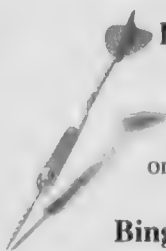
On Wednesday
Oct 11/06 the pool

league will be starting up. So come out at 7:15pm and enjoy some fun at the Branch.



Dart League & Cards Also Starting Up...

Also Tuesday night is dart night starting at 7:30pm. We will be starting cards on Monday nights once we start opening up on Monday. Details will follow on that.

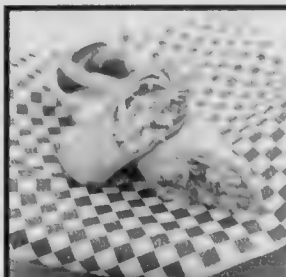


Bingo & Meat Draw As Usual...

Also don't forget Bingo is Wednesday nights at 7:00pm. Friday is our famous meat draw starting at 4:30pm and our Brunches are every other Sunday from 10:30am to 1:30pm. If you would like more information or if you would like to help out with activities at the Branch, or if you have any suggestions you can call the Branch at 457-2571. See you at the Branch.



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FULL MENU

Rails End Gallery & Arts Centre Presents...

BARRY PROPHET: Dwellings & Incursions

*A First For Two Public Arts Organizations
In Haliburton County*

When *Alatus Rises* in the Haliburton Forest, will you hear? Rails End Gallery & Arts Centre and Haliburton Sculpture Forest collaborate to present *Dwellings and Incursions*, Barry Prophet's newest site-specific installation. A first for the Rails End, the exhibit is a multi-media one, using sculpture, video and electro-acoustic sound art. In conjunction with the exhibit, Prophet will also create a temporary installation for the Haliburton Sculpture Forest, the installation of which will be completed with audience involvement during an the electro-acoustic performance of *Alatus Rising*. This is the Haliburton Sculpture Forest's first temporary installation.

Dwell: Keep one's attention fixed;
Dwelling: place of residence;
Incur: Fall into, bring on oneself; *Incursion*: Hostile invasion, sudden attack



With *Dwellings and Incursions* Prophet explores the exhibition's title words as they apply to micro/macro, eco/urban and psycho/social environments. The artist will transform the Gallery using electro-acoustic sound, organic forms and video. Prophet's investigations in the Haliburton region inform his creative process in which he gathers content from local images and sources.

The exhibit takes place October 21 – November 17, 2006 at the Rails End Gallery & Arts Centre, 23 York Street, Haliburton.

There is an Opening Reception and Artist Talk Saturday October 21, 2-4 pm.

Installation & artist performance of "*Alatus Rising*" is taking place Saturday October 21 5:30 pm at the Haliburton Sculpture Forest in Haliburton.

For more information contact: Daniela Pagliaro, Programming Manager or Laurie Jones, Executive Director Rails End Gallery & Arts Centre (705) 457-2330 hhgfa.railsend@on.aibn.com

A chicken crossing the road is poultry in motion

HOT Glass At Artech Studios: Watch A Demo Or Make One

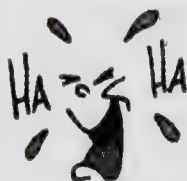
(k)nave gallery/Artech Studios, Tory Hill, Current - Oct 9

(k)nave gallery/Artech Studios features contemporary work from over 20 Canadian Artists!! Not just glass ... but on Sept 25 to Oct. 9, Artech Studios will be "HOT" (that mean's the glass furnace will be on and they are blowing glass!) and everyone is welcome to come out and watch a demo, or sign up to make your own Glass ball or Paperweight.

Artech Studios is located at 18639 Hwy 118, Tory Hill - They are the Old United Church.

For further information you may call 705-448-9522

Artech Studios is open Saturday 10-6 and Sunday 12-5 for the month of Sept and Oct. Or by chance or appointment during the week.



Success:

At age 4 success is ... not peeing in your pants.

At age 12 success is ... having friends.

At age 17 success is ... having a drivers license.

At age 35 success is ... having money.

At age 50 success is ... having money.

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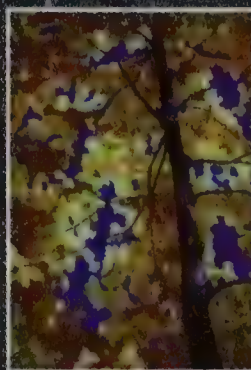
Fri 7 am to 9 pm, Sat 7 am - 9 pm
Sun 7 am - 9 pm, Mon 9 am - 6 pm

**Open Holiday Monday
from 9 am to 6 pm for
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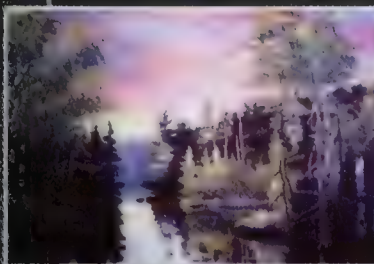
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Wilderness



Ursula Reese
Treetop - Pastel



Gary Chapman
From My Campsite - Oil on Canvas

*Recent Works of the
Algonquin and
Haliburton Regions
in Pastel, Oil and
Watercolour*

*Meet the artists
Saturday
September 30th
1pm to 4pm*

**September 30
to October 15, 2006**

*Open Extended Hours
Studio Tour & Thanksgiving Weekends
Saturday & Sunday 9 am to 6 pm*

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GALLERY

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two artists ... two visions • one exhibition

The HHHSF Presents... "A Classy Cocktail Caper"

The Haliburton Highlands Health Services will once again be putting on "A Classy Cocktail Caper": a fundraising evening for the HHHSF at the Wigamog Inn featuring a silent auction, wonderful wines, spectacular appetizers, dazzling desserts and fine entertainment. The event is taking place on October 21st,

starting at 7:30 pm. There have been some wonderful sponsors added to the line-up this year. Here's a taste of what you can expect. Wigamog Inn Resort is donating all of the appetizers & made to order crepes & they are going to be fabulous! Chantelle Frotten from Drops of Heaven Chocolate Company is doing chocolate fountains for the guests to dip fruits, etc! Several potters have donated cocktail plates as thank you gifts - Barbara Joy Peel, Earth & Fire Pottery - Grahame & Debbie Wales, Studio Rose - Sylvia & Wayne Rose & Portage Lake Studio - Margery Cartwright. Kitchens Etcetera has donated the gauze bags for the cocktail plates & Drops of Heaven will provide chocolates for a wonderful thank you gift! Dance to party music by Stan Russell & Company. The silent auction as always will feature an awesome array of wonderful items and there will be wine tasting as well. As Dale Walker says, "It's going to be a great party". The "Wine and Dine" event last year rose over \$13,000 for the foundation which hopes to do as well with the event this year. Tickets are available for \$110 per person by calling 457-1580 or 286-1580.



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62 Bobcaygeon Rd. Minden **286-3000**

"ARE YOU AWARE?"

Country Pickins of Haliburton Joins FDJ French Dressing in Breast Cancer Fundraising Campaign.

FDJ French Dressing, the Montreal based manufacturer of women's jeans and lifestyle apparel, is partnering with Country Pickins of Haliburton in a fundraising campaign titled "Are You Aware?" for the month of October for Breast Cancer Awareness.

"Are You Aware?" is designed to heighten awareness and raise money to help fight Breast Cancer locally. Every shopper who makes a donation at Country Pickins will receive a special gift from FDJ as a token of appreciation for supporting the cause - while supplies last so hurry in! At the end of the month all monies raised will be donated to local Breast Cancer group or foundation to further fight the disease in their community.

"We are very pleased to be able to do our part in the fight against Breast Cancer in our own region" said Laurie Bonfield of Country Pickins. "With FDJ French Dressing's support, we are able to raise awareness and funds and offer an FDJ thank you gift (while quantities last) to anyone who would like to join with us no matter what the size of their donation. Of course, we hope people will be generous for this cause because together we can beat Breast Cancer."

FDJ French Dressing is best known for its unequalled fit and comfort. It has distinguished itself as a leading Canadian manufacturer committed to making 35+ year-old women look good and feel even better. For the past ten years Breast Cancer Awareness and Support have been central to the company's efforts to help nurture Women's Wellness. FDJ has donated more than \$2.7 million from a portion of all sales of their products to research and support groups throughout North America.

For further information about the company and its products, please visit www.fdj.ca or contact Country Pickin's in Haliburton at 457-2726.

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Pursuing Silence

Despite living among hectares of forests within which silence is profound, and highlighted – not broken – by multiple bird sounds – being silent for any length of time is impossible.

This was the thread of my thinking as I stood under the ancestral white pine that stands between the river and our house. I often stand or sit beside that tree, intuiting that it holds a secret of some kind, a secret that I want to know. It's the secret of stillness, and the secret of the peaceful ability to wait in silence.

Oh, I know I'm not a tree. But it's the quality of the tree's stillness – a solid, consistent, faithful presence – that I would like to experience now and then. I believe it would be a better contribution to the world than the rushing-around activity that I so easily fall into.

But silence is not so easily attained. Living surrounded by it outside – aside from the occasional chain saw, lawn mower, snow-blower, road plow or gunshots in hunting season – doesn't at all guarantee inner silence, where the gold is. In fact, the opposite is more often true: to place yourself in outer silence, whether it be in wilderness or simply turning off the electrical noises in your house, often amplifies the noise inside yourself. This is the reason why most people fear silence and do all they can to avoid it.

Why am I pursuing silence then? Why would anyone? There might be different reasons, but for me it's because this is the only way I hear my own inner voice. Only in silence do I know my deepest core, the place I call my soul. When I can drop below the crowded, unstoppable flow of thoughts I catch a glimpse of how much more there is to me than those thoughts. I come closer to who I am and farther away from a mindless conformity to what is expected of me by a frantic, unreflective, noisy, cultural conditioning.

I have known glimpses of that inner silence. I have dipped into its rich vein of creative flow, feeling linked to the large energy of earth, of universe. In those moments, I am fully present to what is, and in that presence my tendency to split attention (affectionately called "multi-tasking") is momentarily healed.

Lately, my hunger for this silence is growing, and I am pursuing it. Doing so initiates a difficult struggle of letting go of worries, meeting deadlines, completing tasks – all of which are waiting and get done anyway – or don't. The world doesn't end. Much of it doesn't matter as intensely as my deceptive mind tries to have me believe.

What does matter is dropping into an inner silence, fully present, fully alive. What matters is that moment of experiencing the living bond that links us all, of feeling that oneness. All the struggle, all the pursuit, is worth that realization.

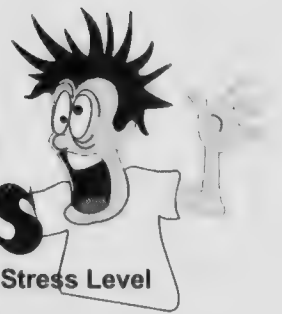
Standing below (and I might say "with" the ancient White Pine, as still as the river is moving, I am both – moving and still. I hear my own voice saying "this is what goes on."

That is all I need to know.

try this: Go out some evening into the summer silence of woods and allow the outer silence to resonate with your inner silence. Listen for your inner voice, the one you don't usually hear.

STRESS BUSTERS

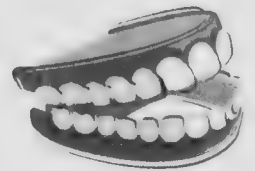
Quick Tips To Lower That Stress Level



Cut Out Sugar

Researchers aren't sure why, but cutting out refined or added sugars from your diet improves mood and depression levels fairly quickly. Can't see giving up all sugar? Try cutting back a little at a time. For example, if you're used to two teaspoons of sugar in your tea or coffee, or on your cereal, cut back on one; then gradually reduce the amount until you're using little to none at all.

A Healthy Laugh



How many psychiatrists does it take to change a lightbulb...?

Answer: none, the lightbulb doesn't want to change.

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Closed: Sunday & Monday



136 Bobanysan Rd.
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(705) 286-1424

Colds & Flu: What's The Difference and How To Prevent It

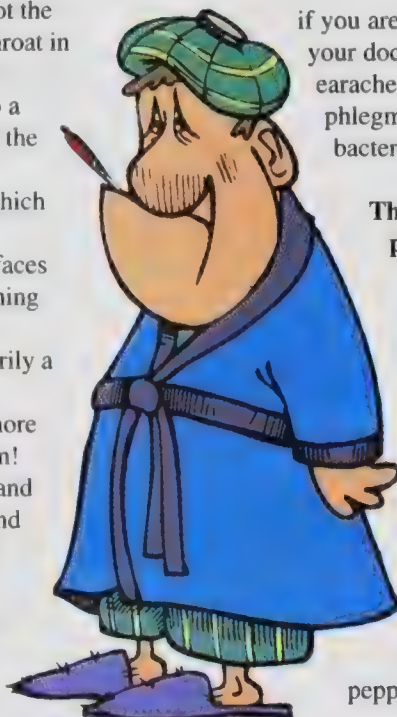
Colds and the influenza virus are similar, but not the same. With a cold, one experiences a mild sore throat in the first 2-3 days, followed by a watery nose and sneezing, a dry tickly cough which progresses to a phlegm-clearing cough. Headaches also occur in the early phase, along with a fever.

The common cold is caused by rhinoviruses, which live on the skin and hard surfaces and is easily transmitted from person-to-person via those surfaces and through droplets in the air expelled by coughing and sneezing.

The influenza virus, on the other hand, is primarily a more severe, upper respiratory virus, which is transmitted just like the rhinoviruses, but often more easily — one sneeze can infect a whole classroom! Symptoms include severe headaches, very high and persistent temperature, muscle and joint pains, and often extreme fatigue. Symptoms are more severe than simple coughs and sniffles. The virus may progress to pneumonia and is prevalent between early December and late March.

Symptoms for both cold and flu last a few days to 1 week (with the flu, may be longer). If they last longer, your fever exceeds 38.8 C (101 F), or

if you are unsure of the cause of your symptoms, see your doctor. Also see your doctor if you develop an earache, weakness (overwhelming fatigue), or greenish phlegm or nasal discharge — symptoms of secondary bacterial infection.



The following are some tips which can help you prevent contracting the viruses:

Take "C:"

Studies are inconclusive, but intake of Vitamin C beyond the normal daily requirements may help prevent and treat cold and flu. The daily recommended rate is 40 mg (50% more of this rate for smokers of 20 or more cigarettes daily). Note that 1 large orange has 70 mg of Vitamin C and that a full glass of orange juice may have even more, because juices are often fortified with extra Vitamin C. Other foods high in C include strawberries, kiwi, broccoli, tomatoes, and peppers. Some studies have shown considerable

Cold & Flu cont'd... pg. 39 ...

**New
Fall Arrivals
Now In...**

**FDJ
FRENCH DRESSING**

**ARE YOU
AWARE?**

BREAST CANCER FACTS:

- It will attack 1 in 9 women
- An estimated 230,000 North American women will be diagnosed this year
- Early detection saves lives

FOR THE PAST 10 YEARS
FDJ French Dressing has donated a portion of every sale to Breast Cancer foundations, support groups, and fundraisers throughout North America — to an amount totaling over \$2.7 million.

YOU CAN MAKE A DIFFERENCE
during the month of October. Make a donation of your choice to this participating retailer and you'll be contributing to your local Breast Cancer support efforts.

DONATE & RECEIVE A THANK YOU GIFT. NO PURCHASE NECESSARY.

TOGETHER WE CAN BEAT BREAST CANCER.

Country Pickins 457-2726
DOWNTOWN HALIBURTON

benefit only at levels of 600-1,000 mg, so you may talk to your doctor about taking supplements. Note that Vitamin C is quickly depleted when you are dehydrating, so take in more of it when ill and avoid any strenuous activity or exercise, because this will increase dehydration through perspiration (and will also suppress the immune system further). But for those who can't avoid strenuous activity, make sure to increase intake of C even more.

Go outdoors!

Cold weather does not cause cold/flu. Colds are prevalent during winter months because we spend more time indoors around others with cold/flu, which increases our chances of contraction!

Sleep!

Studies suggest sleeping less than 8 hours a day and at irregular times can dramatically suppress the immune system.

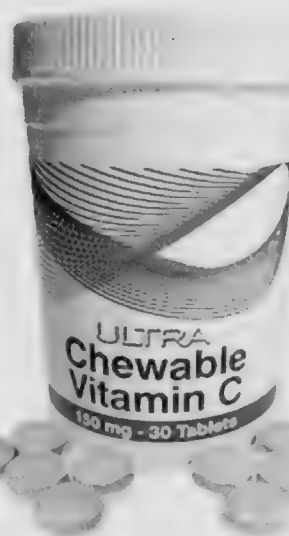
Exercise.

Do it moderately, not strenuously (e.g. do fast walking), for 1 hour per day, at least 5 days a week. Studies suggest this may increase the flow of virus-fighting white bloods cells around the body. Strenuous exercise stimulates stress hormones, which may actually suppress the immune system!

Washing Hands, Best Preventative Measure!

The greatest proportion of nausea, vomiting, diarrhea, colds, flues, and more serious problems such as dysentery and Hepatitis A are caused by infrequent and improper hand-washing. Infection spreads very easily from surface to surface and can easily attach to your hands and then wind up in your body via the mouth, eyes, ears, or nose, through cuts, etc.

Infections take more lives each year than any other diseases except cancer and heart disease. The following explains the best procedure for washing hands effectively in order to destroy harmful microbes: 1) Apply soap to hands and rub for at least 20 seconds (1 full minute if you have been handling anything that is grossly soiled).. 2) Rub around cuticles, and in and around the creases of the hands — where germs congregate. 3) Rinse all soap from the hands to remove as many suspended germs as possible. A simple, quick rinse will not do. Use the hot water but do not burn yourself.



Wash hands as often as possible — it does not hurt you. But ALWAYS wash in the following circumstances: Before eating and/or handling food, after using bathroom for any purpose, after handling uncooked food — especially meat, after changing a diaper, after handling money, after blowing your nose, coughing into a tissue, etc., after playing with a pet, and after using a computer keyboard, etc. in a public place.

Quick Tips:

As soon as you see or hear someone with possible cold/flu symptoms, stay away from them for the first 3 days, for this is when the viruses are most contagious

When you are ill, wash hands, sneeze and cough into tissues, and make sure these tissues end up in the garbage right away.

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4th Annual Hike Haliburton Haliburton Festival

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The Haliburton Highlands Trails and Tours Network
would like to take this time to thank The
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of the 4th Annual Hike Haliburton Festival

Please come and join us for the

Silent Auction and Blister Ball

Saturday October 14th 2006

At

Carnarvon Bowl

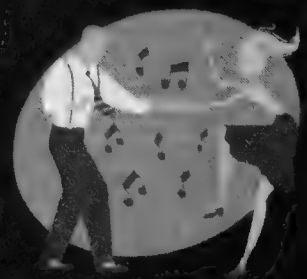
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Believe It...

OR NOT!

War Stories:

The shortest war was that between the United Kingdom and Zanzibar, from 9:02 am to 9:40 am on 27 August 1896, after only 38 minutes of bom-bardment. The UK ships of war under Rear-Admiral Harry Rawson (1843 - 1910) delivered a final statement to the self-appointed Sultan Said Khalid to evacuate his palace and surrender.

"Hundred Years War" between England and France was the longest war. It lasted for 115 years from 1338 to 1453. It may be said the nine Crusades, comprised a single holy war, extending over 195 years, from First (1096 - 1104) to the Ninth (1270 - 1291).

The most costly war in history was the World War II. The material cost of the war has been estimated at US\$1.5 million million. The total cost to the United States of America was estimated at US\$530,000 million.

Are you gonna go my way?

The Boston University Bridge (on Commonwealth Avenue, Boston, Massachusetts) is the only place in the world where a boat can sail under a train driving under a car driving under an airplane.

They can make some horrible noises can't they?

Cats have over one hundred vocal sounds, while dogs only have about ten.

Holy landownership!

Columbia University is the second largest landowner in New York City, after the Catholic Church.

Ah, nuts!

Coconuts kill more people in the world than sharks do. Approximately 150 people are killed each year by coconuts.

Rats!

Each year, 24,000 Americans are bitten by rats!

Feeling Crabby?

The most dangerous job in the United States is that of an Alaskan Crab Fisherman.

Going on holidays to Wal-mart?

If Wal-Mart was classified as a country, it would be the 24th most productive country in the world.

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Wilberforce Agricultural Society Thanksgiving Dinner

If you don't feel like cooking this Thanksgiving then perhaps you will want to attend the annual Wilberforce Agricultural Societies Thanksgiving dinner. Come on down to the Lloyd Watson Centre in Wilberforce and leave the cooking to them.

You will be enjoying a melt in your mouth home cooked meal of turkey and all the fixings. Be sure that you don't miss out on this delicious event, on Saturday, October 7th.

There is going to be an awards presentation at 4:30. Dinner is going to be served at 5:00 pm. Your attendance will help support the 2007 Agricultural Fair. The cost is only \$10 for adults, children under 12 are \$5 each and preschoolers are free. For more information call Carol Lee at 448-2683.

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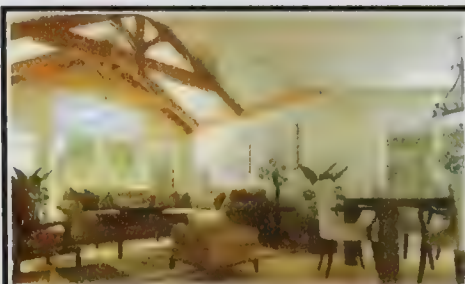
**The
View
from
this
beauty
home...**



This little pad is for sale in California for ... I mean "being offered" at ... \$17,865,000. If you win ten million dollars in the Super 7 you still can not have this place!!

A rare, private, contemporary Montecito estate, truly a paradise, on three landscaped acres of unrivalled natural beauty. This peaceful sanctuary affords many magical spots for quiet contemplation and creative arts. Enter through a spacious courtyard with a reflecting pool to the comfortable interior spaces that seamlessly merge with the outdoors through extraordinary view windows. The ocean and mountain views are breathtaking. Features include expansive master suite, infinity pool, living room with 23-foot vaulted ceiling, library, art studio, sun room, dining room, gourmet kitchen, lower level entertainment space, and guesthouse. The house has 3 bedrooms (probably huge), 7 bathrooms and boasts 10,268 feet of living space. Plus the outside.

You're thinking you should have been an actor, started playing guitar at 3 years old, or should have paid more attention when the internet first started aren't you?



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Fire Prevention Week

October 8 - 14, 2006

FYI...Battery Chargers!

I purchased an electrical rechargeable battery system for AA and AAA batteries. One day, I plugged two rechargeable AA batteries into the system and went out to work in the garden. I came in a few hours later to the sound of a loud POP. I could smell something burning but couldn't find the source until seconds later when I heard another loud POP.

In the kitchen, smoke was coming out of the electrical socket. The plastic battery charger was still smoking and laying on the counter top with one battery laying beside it. One battery was blown out of the charger and was laying on the pine floor about three feet away. Both batteries had broken their seals and acid was leaking out of them. The metal electrical prongs from the plastic charger were still in the electrical socket and smoking was coming out of it. The breaker in the electrical panel had not yet flipped so, I ran to the basement to switch it off. Returning to the kitchen, I reviewed what had happened.

My discovery: **Not all battery rechargers, charge all types of rechargeable batteries!**

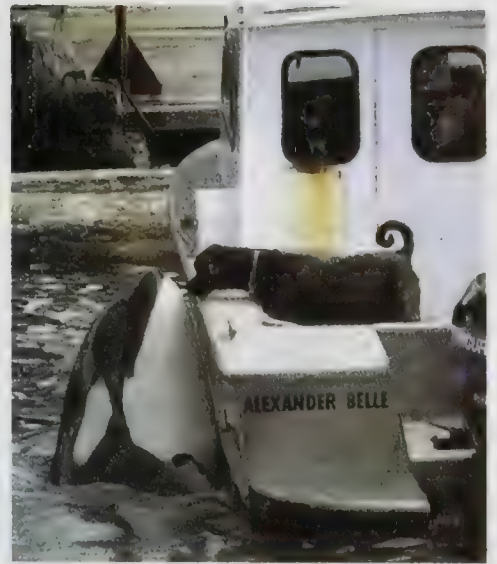
I had attempted to recharge two AA Rechargeable Alkaline batteries and should have been charging only Nickel Metal Hydride Rechargeable batteries. The information about what type of batteries to use in this type of charger was indicated on the side of the charger in .06 font. This would be all that was needed to clear the liability for the manufacture of the charger. The cost for this error could have been the loss of my home due to fire and I am not sure my insurance company would have covered this claim.

Beware and be safe!

Lea Kitler - Volunteer Fire Fighter - Highlands East



Here's an
example
of true
friendship
I guess.
Makes
for a cute
photo!!



Inspired to a new level ANNOUNCEMENT



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Troy Middlebrooks, Broker of Record for RE/MAX Lake Country Realty Inc. and Owner of RE/MAX Lake Country Realty, RE/MAX Muskoka Realty Corp. and RE/MAX Haliburton Highlands Realty Ltd. is please to announce that Montage Real Estate Ltd., of the Wilburforce area in Haliburton County has Merged with our RE/MAX Haliburton Highlands Realty Ltd. office

Rick Forget (Broker of Record/Owner for Montage Real Estate Ltd., Brokerage) says "It's a win-win situation for everyone", This merger will give RE/MAX a high profile location in Wilburforce, completing the visibility in the County with an office on the east side and will add 2 more agents to the RE/MAX family, one broker and one sales representative with a total of 33 years of experience and an established reputation from a company that been around for 26 years

This Merger allows Iona Fevreau and Rick Forget to not only provide the same great service and local knowledge at the same great location as they have done in the past, but now allow us to offer a level of recognition and quality resources that only RE/MAX can provide. Not to mention the "in house" training, available networking and contacts, that is not available to a boutique brokerage like Montage Real Estate Ltd.

The overall package available through this merger will allow Rick and Iona an incredible opportunity to expand their services and representation in the area which will not only be a direct benefit to them but to their present and future clients and customers, as well as providing our growing company with two more highly experienced team members.



New Business

Introducing Tile Vision

"I'm just passionate about doing a job right," says expert mason and tile designer Robert Colicchia, "maybe because there are so many ways creating and installing tile can go so wrong." Robert's been in the masonry and tile business most of his life, along with his father before him. "My Dad's half Italian and half German – so I guess I have both sides – passionate and persevering," he grins.

This summer Robert and his wife Vicki decided to take their technical and marketing expertise up another level or two and have just opened their first retail, design, and installation company, called Tile Vision, in Minden. Vicki majored in journalism at Humber College, but eventually found her niche as a marketer, homemaker and Real Estate agent (with Bowes and Cocks in Haliburton). The couple are also proud supporters of the Tall Oaks Christian Academy where their two sons, Samuel and Joshua are enrolled. They moved to Haliburton in 2002.

"We decided that the Haliburton construction market was ready for a speciality tile store – Robert loves to work closely with his clients to achieve their precise vision – and distributing and creating

your own tiles is an essential element in that process," says Vicki. "We want

to make sure we create exactly what our clients want," adds Robert. "And with literally dozens of tile designs and approaches that we offer we know we can create the precise look that suits your home."

Tile Vision distributes a wide range of tiles from companies such as Tile Grespania, Emil Ceramica and Marca Corona, to name a few. The company also offers a line of beautiful, smoky looking Brazilian slate as well as glass block. Robert also manufactures his own unique

granite tiles, which he often cuts cross-grain to reveal the full range of colours embedded in the rock. "We also offer Vizani 'Tacfast' carpet systems – which can produce a kind of mosaic tile effect for area rugs, even walls."

"We like to start from the ground up with our clients –



whether you need floors, walls, bathroom tiles or fireplace masonry – we want to bring your vision to life, at a reasonable cost and on time," says Robert. "And we're perfectionists – we'll make sure that every detail is right, down to the perfect shade of grout and fine joint lines."

Tile Vision also specializes in creating individual polished marble and granite tiles, which have a wonderful three-dimensional feel. The store represents an exiting transition for Robert from installing and consulting to selling and designing projects large and small and the Colicchias are sure that Tile Vision will prove an invaluable addition to Haliburton's home building and renovation scene.

Tile Vision is located in the Jug City Plaza at 12281 Highway 35 at the Bobcaygeon Road in Minden and can be reached at 705 286-8453 (TILE).

Closing Down Your Cottage?

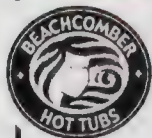
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Real Estate TIPS by Lea Kitler

Dropping Your Price...Too Late

If you start out with a high sales price, then drop it later — your house is “old news.” You will never be able to recapture that flurry of initial activity you would have had with a realistic price. Your house could take longer to sell.

Even if you do successfully sell at an above market price to an uninformed buyer, your buyer will need a mortgage. The mortgage lender requires an appraisal. If comparable sales for the last six months and current market conditions do not support your sales price, the house won't appraise. Your deal falls apart. Of course, you can always attempt to renegotiate the price, but only if the buyer is willing to listen.

Your house could go “back on the market.”

Once your home has fallen out of escrow or sits on the market awhile, it is harder to get a good offer. Potential buyers will think you might be getting desperate, so they will make lower offers. By overpricing your home in the beginning, you could actually end up settling for a lower price than you would have normally received. If you are ready to make a move, give me a call for a Free Market Evaluation.

I dialed a number and got the following recording:

“I am not available right now, but thank you for caring enough to call. I am making some changes in my life. Please leave a message after the beep. If I do not return your call, you are one of the changes.”

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Gooderham 3 bedroom home on over an acre, spring fed pond and backing on to crown land. A must see at only **\$114,900.**



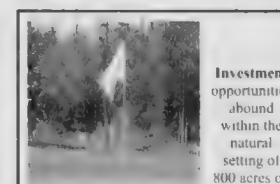
Highland Grove 3 bedroom home with renovated kitchen, central vacuum, new oil tank, single car garage and much more. **\$89,900**



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Hamlet of Gunter - 3 bedroom, two bathrooms, jacuzzi and all services...afordable at **\$64,900.**



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New Listing....York River Just south of Bancroft, hook up to town water, sewage and electricity at road. Build your dream home and enjoy the York river in your back yard. Lot **\$69,500**

Mumford Road Hunters Haven Back country wilderness for off grid hunt camp. Access through the rail trail this 64.5 acre parcel is home to deer, moose. **\$79,900**

Lucerne Lake Lot - Residential building lot on small no motor boat lake, 120' of shoreline on 2.66 acre lot. Driveway in to potential building site overlooking **\$74,900**

Lea Kitler
Sales Representative



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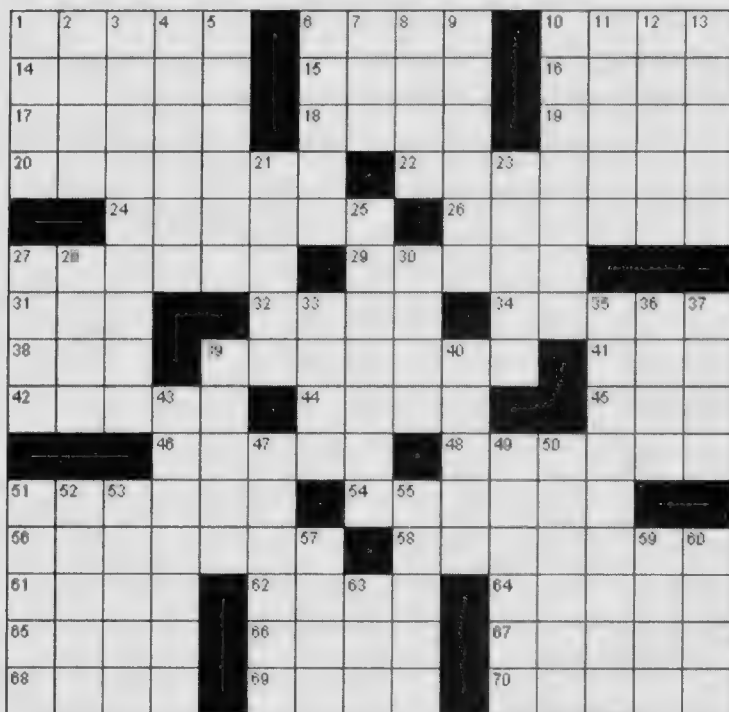


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Across

- 1 Knight fight
6 Mastercard alternative
10 Number two
14 Saul's army chief
15 Dark forces
16 Actor-songwriter Novello
17 Radiotelephony response
18 Tax
19 "The Godfather" co-star
20 Soaked thoroughly
22 Accedes
24 Carol starter
26 Sea route
27 Coercion
29 Mystery writer Marsh
31 Beverage server
32 Hence
34 Kingdom of Croesus
38 West of Hollywood
39 Wifely
41 Record label initials.

- 42 Tree of the birch family
44 Wrapped up
45 Rotter
46 Actress Moorehead
48 "You Can't __ Again"
51 Tenant
54 Swain
56 Chipped in
58 In proportion
61 Takes advantage of
62 Throaty utterance
64 Dominant
65 Spiritual mentor
66 Eye amorously
67 Be stationary, nautically
68 Uriah in "David Copperfield"
69 Dweeb
70 Terminated

Down

- 1 Peter Benchley thriller
2 Notice in passing
3 Ignorant
4 Break away
5 Figures of speech
6 South African grassland
7 " __ Got a Secret"
8 The Destroyer, in Hinduism
9 Actress Milano
10 Sovereign's representative
11 Donald's ex
12 Ring-tailed animal
13 German-born surrealist
21 Colchester's county
23 Motionless
25 Absorb intently
27 Russian parliament
28 Caspian Sea feeder
30 Enter
33 Harassed
35 Adorned
36 Muslim priest
37 Helper
39 Pressed
40 Norse god of the sea
43 Lessens the pressure
47 Nerve cell
49 "Camelot" actor Peter
50 Interpose
51 Amused reaction
52 Follow
53 Cubic meter
55 Raised
57 Boy attendant
59 Carry
60 Like peas in __
63 Camera type

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**Hwy 118
(Formerly 121 E.)
Across from
Paradise Lake**

**See answer on
pg. 53**

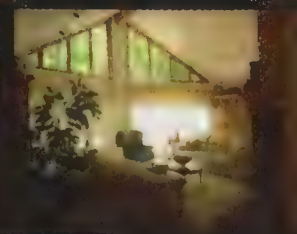


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Near Kashagawigamog \$189,900

Absolutely gorgeous 2.3 acre lot across from Lake Kashagawigamog offers incredible privacy, but easy access to amenities, lake access, golf course, and shopping are all w/in minutes. Beautifully landscaped with Bunkie, pond and nearby creek, this lot offers absolute serenity without lakefront taxes. Master Bedroom with ensuite, FR w/ cathedral ceiling and w/out to balcony. Ideal family home or cottage..... Contact owner for personal tour **705-457-5092**



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Super Starter!! Nestled in a mature treed setting, this is your opportunity to own or get started in cottage life. Approx. 800 sq ft winterized chalet with full septic and drilled well sits just minutes from the top of Sir Sam's Ski Area. Just 200m off municipally maintained road, the privacy that comes with owning in this desirable area is unmatched. Feed the deer or walk-up your road to the top of the hill. A few finishing touches will make this your own. Call... **519-792-9132**



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Great building opportunity for those seeking privacy and easy access to all services. Located conveniently between Haliburton and Eagle Lake, this 19 acre lot is located directly off County Rd 14 (Haliburton Lake Rd). The lot offers a new driveway, partially cleared building site, with natural pond to enjoy luxurious sunsets, mature hardwoods and the setting you've been looking for. Build your dream home here! Call the owner for details... **705-754-3227**

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4th Annual Hike Haliburton Festival: Hike Program

Friday, October 13th

1. I Spy an Esker - In a diverse area of woods and wetlands, the varied vegetation that occurs in marsh, fen, spruce bog, and forest is clearly evident; and rising above it all is an ancient glacial riverbed known as an esker. Rising as much as 70' above the adjacent wetlands, the esker provides excellent viewing and walking. Serpentine in profile, this esker is a historical footprint of times past. **Leader:** Don Wright - **Time:** 9 am to 12 pm - **Rating:** 4 km - Moderate **Location:** From Haliburton, follow Gelert Rd (County Rd 1) to Lochlin (approx. 15 km). Turn right onto Lochlin Rd and continue another 2 km to Warder Rd. Meet at #1126 Warder Rd where there is ample parking.
- From Minden, follow South Lake Rd (County Rd 16) to Gelert Rd (County Rd 1). Turn left and continue another 5 km to Lochlin Rd. Turn left again onto Lochlin Rd then follow directions as above.

2. Walk in the Clouds - Thrill to the dizzying effects of this treetop boardwalk 20m above the forest floor. A hike fee applies: \$85 for adults and \$75 for youth 10 to 17 years. Pre-registration is required. Call the Haliburton Forest at (705) 754-2198. **Time:** 9:00 am to 1:00 pm - **Rating:** Easy, but not recommended to those with a fear of heights **Location:** Haliburton Forest & Wildlife Reserve, located on Kennisis Lake Rd (County Rd 7), 20 km north of West Guilford.

3. Benches and Window Tour - This tour guides you over four acres and provides a new way of seeing Earth. Hikers will experience very different eco-systems as they climb from Little Cameron Lake up to the Firepit, walk through mixed woods and emerge in a clearing surrounded by the Haliburton Highlands. Two different routes make it possible for most people and all ages. At each of the 10 benches hikers will find window frames directing their attention to a particular feature of the area. At this earth-literacy centre, window frames represent the new cosmology, that is a new world-view or point view. This tour is filled with surprises and leads to a deeper understanding of the connectivity and mission in Nature. - **Leader:** Carol Kilby **Time:** 10 am to 11:30 am **Rating:** Easy **Location:** Follow Hwy 118 to Stanhope Airport Road (between Carnarvon and West Guilford) Continue on Airport road to Barry Line, turn left and follow to Cameron Lane. The Gaia Centre is at 1032 Cameron Lane.

4. Millin' Around the Mill - Join Stouffer Mill B&B owners Jessie and Don Pflug as they explore the trail system on their 136-acre wilderness property, including a towering pine forest and several beaver ponds. Top off the tour with Jessie's famous home-made treats at the Pflug's spectacular 12-sided hillside home overlooking Halls Lake. **Leaders:** Jessie & Don Pflug **Time:** 1:00 pm - 3:00 pm **Rating:** 4 km - Easy **Location:** Stouffer Mill B&B, located at the end of Stouffer Mill Rd off Hwy 35, approx. 9 km north of Carnarvon. **5**

5. Fall Botany Walk - Ever wonder which plant is which? ... or what the name of a specific plant that you fancy might be? Take a leisurely walk through meadow and forest and learn how to identify your favourite plants in the fall including trees, shrubs, vines, ferns, wildflowers, berries and seed heads. This walk is a great introduction to plant identification and appreciation. There will be lots of time for questions and time to observe your surroundings. **Leader:** Angie Horner **Time:** 1:30 pm to 3:00 pm **Rating:** 1/2 km - Easy **Location:** Meet at the Minden Cultural

Centre parking lot (art gallery, library, museum) located at #176 Bobcaygeon Rd, just 300 m beyond downtown Minden.

6. Walk in the Clouds - Please see hike #2 for all the details! **Time:** 1:30 pm to 5:30 pm

7. High Falls Hike - The scent of fall will be magical as you hike along a trail that leads to Algonquin Park's High Falls on the York River. For many years this river was used as a major waterway. Algonquin tribes used it while retreating from the invading Iroquois. Fur traders used it as part of a transport route from Georgian Bay to the Ottawa River and lumber companies used it to transport their logs. Sturdy footwear for this hike is a must. **Leader:** Valerie & Mel Smith **Time:** 2:00 pm to 3:30 pm **Rating:** 2km - Easy to Moderate **Location:** From Harcourt, follow Elephant Lake Rd (County Rd 10) approx. 9km to the High Falls Trail kiosk.

8. Walking on the Right Side of the Brain - 'When you go down in the woods today, you're sure of a big surprise'...Discover treasures hidden in the woods at the Haliburton Sculpture Forest with storyteller, Jim Blake. **Leader:** Jim Blake **Time:** 3:30 pm to 5:00 pm **Rating:** 1 km - Easy **Location:** From the village of Haliburton, follow Bayshore Rd (off Hwy 118 west) to the Haliburton Highlands Museum. Park at the Museum - hike starts at the end of the road, just beyond the Museum.

Saturday, October 14th

11. Algonquin Highlands Three-Pack - Explore the great hiking trails of Algonquin Highlands and witness the effects of the mighty winds of the August '06 storms. Three hikes, three leaders, three starting points with all hikes converging at Little Hawk Lake. Treat yourself to lunch at Oakview Lodge. After lunch you can call it a day or continue hiking another trail. Choose the hike that works for you. Hiking boots and trekking poles are highly recommended. *Creative car shuttling will be necessary.*

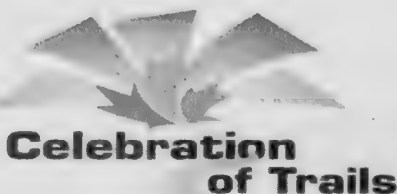
Option 'a': Featuring the Algonquin Highlands Ridge Trail - 8 km

Option 'b': Featuring the Crests of Kennisis, Circuit of 5 Viewpoints, Ridge Trail & James Cooper Lookout - 15 km

Option 'c': Featuring the Circuit of 5 Viewpoints - 5 km

Leaders: The World-Famous Hiker Mike Kirby and Hikers Extraordinaire from the Algonquin Highlands Hiking & Walking Trails Committee **Time:** 9:00 am to 4:00 pm **Rating:** Moderate to Challenging **Locations:** **Option 'a':** Follow Hwy 35 north of Carnarvon approx 3 km and turn onto North Shore Rd. Your leaders will meet you at the parking lot of the Algonquin Highlands municipal office (#1123 North Shore Rd). **Option 'b':** Follow Hwy 35 north to Halls Lake (approx 11 km) and turn onto Little Hawk Rd (County Rd 13). Continue on Little Hawk Rd to Big Hawk Rd (approx 3 km), turn, and continue another 3 km to #1584. Your leaders will meet you at the Hawk Lake Log Chute Historic Site. **Option 'c':** Follow the directions to Little Hawk Rd above, but continue on Little Hawk Rd to Little Hawk Landing. Your leaders will meet you at the parking area at the end of the road.

Hike Program cont'd... pg. 49...



4th Annual Hike Haliburton Festival: Hike Program

... from pg. 48

12. Gems Beneath Your Boots - Haliburton Rocks! This hike offers a once-in-a-lifetime tour of undisturbed deposits of fluorrichterite, orthoclase, tremolite, actinolite, apatite and quartz. John Etches, your geologist guide, and hosts Sandra and Mark Bramham, will interpret the geological history and reveal the unspoiled beauty of this extraordinary site. Find out how the rocks and minerals below can influence the plants and trees above. This hike includes trail and off-trail walking. This is a non-collecting tour, for viewing only - cameras welcome, hammers are not. **Leaders:** John Etches, Sandra and Mark Bramham **Time:** 9:00 am to 12:00 pm **Rating:** 4 km - Moderate with a few steeper climbs **Location:** Green Mantle Farm located at #1984 Essonville Ln (County Rd 4), just 3 km south-west of Wilberforce or 5 km north-east of Hwy 118 east.

13. - Shutterbug Stroll - Learn to view your surrounding with a creative eye while out on the trails - your hikes will never be the same! General composition advice will be provided for landscape and macro/micro photography. Recommended for beginner to intermediate photographers. **Leader:** Lyn Winan **Time:** 10:30 am to 12:30 pm **Rating:** Easy **Location:** Follow Hwy 35 north to Halls Lake (approx 11 km) and turn onto Little Hawk Rd (County Rd 13). Continue on Little Hawk Rd to Big Hawk Rd (approx 3 km), turn, and continue another 3 km to #1584. Your leader will meet you at the Hawk Lake Log Chute Historic Site.

14. Family Fun & Lunch at the Labyrinth - Walk or wheel the accessible paths of the Tranquility Trail - Labyrinth and Healing Park overlooking Grass Lake. *Enjoy hearty harvest soup and a bun for a donation (all donations to the Tranquility Trail)* and take in these great activities: *Qigong* - join Lynda Shadbolt for gentle stretching and mindful breathing, a special treat for your hiking body *Labyrinth* Crafts - learn to make your own labyrinth! *Drumming* - drum along with John & Dianna Proctor of Earth Tones Studio. **Leaders:** Lynda Shadbolt, John & Dianna Proctor, and members of the Tranquility Trail & Healing Park Advisory Committee **Time:** Come walk anytime! Qigong from 11:00 to 11:30 am; Lunch from 11:30 am to 1:00 pm; Labyrinth crafts from 1:00 to 2:00 pm; Drumming from 2:00 to 3:00 pm. **Rating:** 1/2 km - Easy **Location:** Haliburton Highlands Health Services (a.k.a. Haliburton Hospital) located on Gelert Rd (County Rd 1), just 500 m from the stop lights in Haliburton.

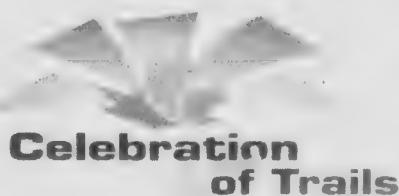
15. Out and About - A family fun hike on the Head Lake Trail. Please note that not all details could be confirmed at the time of printing, so visit www.trailsandtours.com for the latest information. **Leader:** TBD - **Time:**

11 am to 12 pm **Rating :** Easy **Location:** Meet at the Head Lake Trail kiosk next to the town docks right in the village of Haliburton

16. Llama Walk - Just like it sounds! Cuddle up to these woolly friends and hike the Dorset Tower Trail and Nordic Inn Trails for a whole new view of the countryside. Pet the llamas, feed the llamas, walk with the llamas. *Treat yourself to a special, pre-llama walk breakfast at the Nordic Inn. Breakfast will be served between 7:00 am and 10:00 am* **Leaders:** Jane and Andre Tieman **Time:** 11:00 am to 12:30 pm **Rating:** 2-3 km - Moderate with a few steeper climbs **Location:** Nordic Inn, located on Hwy 35 just 1 km north of the village of Dorset.

17. Old Growth Discovery Walk - This trek into the Clear Lake Conservation Reserve offers a rare opportunity to explore one of the few remaining stands of old growth white pine and hemlock left in Ontario. Take in panoramic views of Blackcat Lake along the way - and, if you're lucky, catch a glimpse of the red-shouldered hawk, pine marten and pileated woodpecker that call this forest home. **Leaders:** Larry Hewitt **Time:** 12:30 pm to 4:30 pm **Rating:** 7 km - Moderate **Location:** From West Guilford, follow Kennisis Lake Rd (County Rd 7) to West Shore Rd (approx. 19 km). Turn left onto West Shore Rd and continue another 11 km - hike starts opposite Lot 20.

Hike Program cont'd... pg. 50...



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4th Annual Hike Haliburton Festival: Hike Program

... from pg. 49

18. In Search of Harburn Wells - Somewhere off the Harburn Road there is a unique geological phenomenon called the Harburn Wells. Many people have asked about it; very few have been there. Join adventurer, Sean Pennylegion, in search of this elusive and uncharted natural place.
Leader: Sean Pennylegion **Time:** 1:00 pm to 2:30 pm **Rating:** 1 km - Moderate **Location:** From Haliburton, follow Hwy 118 west to Harburn Rd (County Rd 19). Continue on Harburn Rd to Provost Rd (approx. 14 km from Hwy 118) - your hi leader will meet you at this junction point.

19. Geocaching - A Treasure Hunt with a High-Tech Twist - Geocaching is a family-oriented outdoor game that is becoming popular around the world! Learn the basics of operating a GPS receiver and how the game is played. Experience the challenge and thrill of finding caches while you hike beneath gigantic pines and take in the sites of beautiful Buckskin Lake. Hear the legend of Great Bear and find its treasures. Enjoy a midway break at a rustic log hunt camp built in the 1940's. Grandparents bring your grandchildren. Kids bring your parents. This game is for all ages! The trail is even suitable for a large-wheeled stroller with an able bodied pusher. GPS units will be provided but quantities are limited so feel free to bring your own. No experience needed....just come and have fun in the Geocaching Capital of Canada! **Leaders:** Sticky Moose **Time:** 1:00 pm to 4:00 pm **Rating:** 2 km - Easy **Location:** Follow Hwy 118 east from Tory Hill to Monrock Lake Rd (approx 3 km from the junction of Hwy 118 & Loop Rd). Turn right onto Monrock Lake Rd and continue to the parking lot at the end of the road (another 3 km). Coordinates N 44 57.728 W 078 11.693 (for those already GPS savvy).

20. Walk Waverly Brook Farm - A hike for the young and the young at heart. Wander along the pathways used by the Farm's four-legged friends as well as some of the trails used in logging and maple syrup seasons. Search for rainbows, late season flowers and other treasures. Parents and grandparents can join along to listen and learn as well. **Leaders:** The Tyler Family Children - Sam (11) and Joan (8) with parents Jean and Godfrey **Time:** 2:00 pm to 4:00 pm **Rating:** 1/2 - 3 km - Easy **Location:** From Haliburton, follow Gelert Rd (County Rd 1) to Old Donald Rd (approx. 4.5 km). Turn right onto Old Donald Rd and continue

another 1.5 km to Waverly Brook Farm (#1632 - farm gate will be on your left).

21. Trail Troubadours - Catch a few tunes along the trail with accomplished folk musician, Kris Kadwell. With guitar on his back, Kris and friends will lead you on a musical journey along the shores of Lake St. Nora. A hike guaranteed to be good for both soul/soles.

Leader: Kris Kadwell **Time:** 2:30 pm to 4:30 pm **Rating:** 2-3 km - Easy to Moderate with some steep climbs
Location: Meet at the Frost Centre parking lot located on Hwy 35, 25km north of Carnarvon or 16 km south of Dorset.

22. In Search of Harburn Wells - Please see hike #18 for all the details. **Time:** 3:00 pm to 4:30 pm

Sunday, October 15th

24. Fitness Walk - Are you tired of your regular walking routine? Join Gail Holness for a walk that will teach you how to add variety to your walks. While traveling around Head Lake Trail, you will learn how to incorporate activities into your everyday walking routine to increase your level of challenge. Discover how to use the environment to vary the intensity of your walking workouts. **Leader:** Gail Holness **Time:** 9 am to 11 am **Rating:** 5 km - Moderate **Location:** Meet at the Head Lake Trail kiosk next to the town docks right in the village of Haliburton.

25. High Falls Hike & Ride - A hike with a twist. Begin on horseback and ride to the start of the hiking trail, then hike up to view the scenic High Falls, return to the horses and ride back to base camp. No riding experience necessary. Helmets provided. \$40.00/person and pre-registration is required. Call South Algonquin Trails at 1-800-758-4801 or email info@southalgonquintrails.com **Leaders:** Tammy and Lyle Donaldson **Time:** 9:00 am to 12:00 pm **Rating:** 4 km horseback ride and 2 km hike - Easy **Location:** South Algonquin Trails located at #4378 Elephant Lake Rd (County Rd 10), approx. 12 km north of Harcourt.

Hike Program cont'd... pg. 51...

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4th Annual Hike Haliburton Festival: Hike Program

... from pg. 50

Celebration of Trails

26. Ganaraska Trek - At 450 km, the Ganaraska Trail is one of Ontario's major long-distance trails. Here in the Highlands, the trail passes through some of the most rugged wilderness terrain we have to offer. Those up to the challenge will be well rewarded with stunning views—not to mention a great work-out! This hike is recommended for **experienced hikers only!** Hiking boots are a must—you'll also need to pack a lunch, plenty of water, a rain jacket and spare warm clothing. *A car shuttle will be required.* **Leader:** Rick Whitteker **Time:** 9:00 am to 4:00 pm **Rating:** 19 km - Very Challenging **Location:** From Minden, follow Deep Bay Rd (County Rd 2) to Devil's Lake Rd—your hike leader will meet you at the Devil's Lake parking area.

27. Geohike - Be a time traveler with geologist John Etches as you hike back to the birth of the Frost Centre's rugged landscape. Hit the trails for some beautiful scenery and great examples of the forces that shaped the Canadian Shield. Good walking shoes or boots are recommended. **Leader:** John Etches **Time:** 10:00 am to 12:00 pm **Rating:** 5 km - Moderate with some steeper climbs **Location:** Meet at the Frost Centre parking area, located on Hwy 35, 25 km north of Carnarvon or 16 km south of Dorset.

28. Sacred Earth Walk - This walk invites you to experience the sacred aspect of our forests and trails. Take time to reflect on your natural surroundings and your connection to the world around you. **Leader:** Brenda Peddigrew **Time:** 10:30 am - 12:00 pm **Rating:** 2.5 km - Moderate **Location:** Follow Hwy 35 north to Halls Lake (approx 11 km) and turn onto Little Hawk Rd (County Rd 13). Follow to its end - your leader will meet you at the parking area at the end of the road.

29. Ramblin' with Ryan - Take a casual stroll through a mature hardwood forest and sugar bush visiting some wetlands along the way. Ryan Dawson will share some of his inspiring poetry that reflects his relationship with the land. **Leader:** Ryan Dawson **Time:** 10:30 am - 11:30 am **Rating:** 2 km - Easy **Location:** Wintergreen Maple Syrup & Pancake Barn. From Haliburton, follow Gelert Rd (County Rd 1) to Wintergreen. From Minden, follow South Lake Rd (County Rd 16) to Gelert Rd (County Rd 1), turn right and continue to Wintergreen. Watch for the red-roofed barn!

30. Explore the Dahl Forest - The Dahl Forest is a 200 ha, privately owned tract which has been planted with many conifers on both sides of the Burnt River. Wander among the 50 year old plantation, spending a bit of time exploring the waters of the Burnt River - **Leader:** Peter Brogden **Time:** 12:30 pm to 3:30 pm **Rating:** Moderate **Location:** From Haliburton, follow Gelert Rd (County Rd 1) to Geeza Rd (approx.

4 km south of Gelert). The Dahl Forest is located at #1307 Geeza Rd. From Minden, follow South Lake Rd (County Rd 16) to Gelert Rd (County Rd 1). Turn right and follow directions to Geeza Rd as above.

31. Walk the Cosmic Labyrinth - This walk teaches the meditative practice of Earth Walking. You'll gather around the 140 foot spiral to watch and listen as a Storyteller and dancer, dramatically tell the 3.7 billion year old Universe Story. Afterwards, walk the spiral labyrinth to personally engage in a deep connection with the cosmos. Spiral past 30 markers in the evolution of galaxies, stars, planets, earth and all its species. This unique experience is earth literacy at its personal best. **Leader:** Carol Kilby **Time:** 1pm to 2:30 pm **Rating:** Easy **Location:** Follow Hwy 118 to Stanhope Airport Road (between Carnarvon and West Guilford) Continue on Airport road to Barry Line, turn left and follow to Cameron Lane. The Gaia Centre is located at 1032 Cameron Lane.

32. I Spy an Esker - Please see hike #1 for all the details. **Time:** 1:30 pm to 4:30 pm

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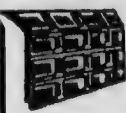
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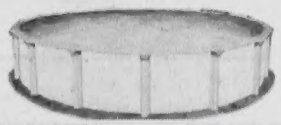


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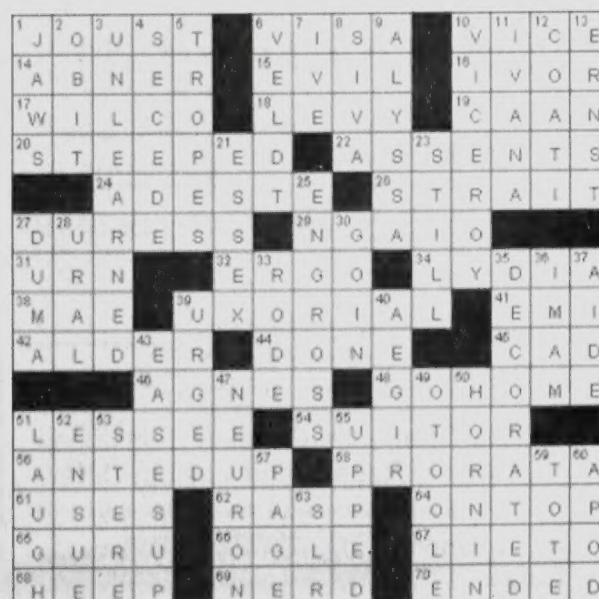
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Who Dun It Answer...

Richard said that the person that stole his car also stole all his keys. Therefore it would have been unlikely that he could have gotten into his home without a key.

Worldly News

ACCIDENTAL REVENGE: Twenty-six years ago, to escape child support payments, George Leucuta Jr. used a lost drivers license and social security card to assume a new identity, police say. He lived and worked under the name Douglas Lightcap in Valparaiso, Ind., until the real Lightcap discovered someone else was using his name. Leucuta, now 60, has been arrested and faces three years in prison on a charge of identity theft. Meanwhile, he missed out on seeing his children grow up, kept watch over his shoulder for 26 years, and all the Social Security taxes he paid are in Lightcap's account so he won't be entitled to any benefits. But that's not all: his ex-wife never turned him in for failing to pay child support, so he was never wanted by the law in the first place. (Northwest Indiana Times) ...All of which pretty much makes prison superfluous.

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Once you think you have found all the Sams you can, write down how many you spotted, in what ads, the publication date, your name, address and telephone number, and mail them, email them or fax them to the Highlands Communicator.

The first correct answer pulled from entries received wins \$100! It's that easy and it's fun too!

There were 9 sams in the last issue. They were hidden in the following ads:

Country Cottage Log Cabin, Minden Subaru, Louie's Car Care, David Shapiera, Northwood Inn, Kosy Korner, Extreme Exteriors, Hubby for Hire, Northern Exposure

The winner of the Spot Sam Contest is: June Fortune of Minden

After School Art Club

Agnes Jamieson Gallery, 174 Bobcaygeon Rd, Minden,
Tuesdays 3:30pm to 5pm

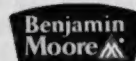
Agnes Jamieson Gallery is running an After School Art Club every Tuesday from 3:30pm to 5pm. The cost is \$5 per child

Recommended for children who show a keen interest in art. For more information call Laurie at 286-3763

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Annual Turkey Supper - October 7 St Peter's Anglican Church, Maple Lake.

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Homemade Pie Sale - Oct 6 & 7 Maple Lake United Church

Homemade pie sale- apple & pumpkin - Friday Oct 6 at 3 p.m. and Saturday Oct 7 at 9 a.m. (if not sold out). Located on corner of Hwy 118 and Airport Road. Will take orders ahead. Call Merrie Barry at 754-2258

Exploring Christian Faith

The Highland Hills Pastoral Charge, which includes Minden, Carnarvon, and Maple Lake United Churches, is sponsoring a six week program designed to raise questions and explore the Christian faith in the 21st century.

Using a DVD featuring some of America's top Christian scholars, topics such as; Authority of the Bible, Creation, the Problem of Evil, and the Meaning of life in the context of faith, will be discussed in small groups. The program begins Sun, Oct 15th in Zion United Church. For information call Minden United Church 286-1470 or Joan Grant at 286-3323.

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Lost

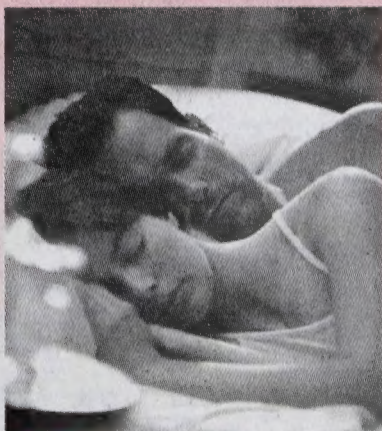
Indoor Siamese cat that
responds to Will when called.
Lost from the Lakeview St
area. If found PLEASE call
457-4520.

For Sale

990 David Brown Farm
Tractor with loader, Disc
Plough (4discs), Blacksmith
Anvil. Call (705) 754-2464.

Want To Place A Classified... Call
455-9928

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Kennisis and Redstone Lakes Realty Centre

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Sunsets, 135ft shoreline some sand some rock. Stepped retaining wall to protect shoreline. 4 Bedroom 2 baths, 2pc ensuite. Well maintained cottage with many upgrades including kitchen, bath, septic. Western exposure with a big lake view of Kennisis Lake to die for. Sandy bottom & rock, gentle sloping lot off year round road. Winterized except for water.

\$359,000.00



Chelsea Lane (just west of West Guilford)

Looking for peace and quiet? Check out this home/cottage. 2 bedrooms with a possible 3rd bedroom, open concept, 4pc bath and forced air oil furnace. Totally renovated in 2001. Bunkie out back for noisy guests or kids and double car garage to make the man in the family happy. Deeded access to Maple Lake nearby

\$159,000.00



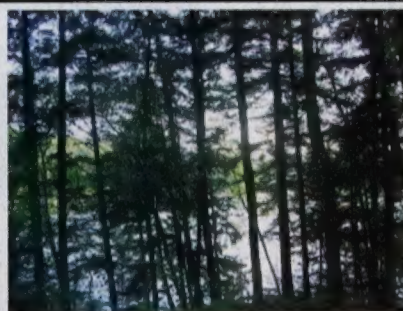
Private Lake - 129 acres - Haliburton Highlands. 129 acre retreat estate type property with a private lake, mature forest of pine and hardwoods. A 5 bdrm + loft cottage sits on the shore line of Torch Lake. The cottage is full of old country charm, massive stone fireplace in LR and backing the DR. Wood floors and all wood interior with cathedral ceilings. Large deck for entertaining. This property has many possibilities. Family retreat, Bed and Breakfast, Children's Camp, Retreat Center, possible severances of lots, also appears to be 50 to 60 acres of gravel, sand and great timber. Report details available to interested parties

\$990,000.00



Bring the groceries!!! One of a kind opportunity on Kennisis Lake. This beautiful lake front property has it all with south to southeast exposure. Features are 3 bedrooms (2 with balconies), 2 baths, open concept with vaulted ceilings, hardwood & tile floors. Built in appliances, main floor laundry and sunken living room with propane fireplace. The best part is it comes furnished. There is also a double car garage and Bunkie/storage.

\$529,000.00



Kennisis Lake

Privacy plus on the 748 ft. 2.84 acres shoreline of Kennisis Lake. Trees, rocks, deep water & great view, south exposure, driveway onto property. Build your dream cottage now.

\$399,000.00



Live where you play!! This gorgeous home is situated on over 11 acres & has over 700 feet on the Redstone River with loads of privacy. 3 plus bedroom home, den, office, eat in oak kitchen dining room, sunken living room with vaulted beam ceiling and amazing view of meadow. Fully finished walkout bsmt, laundry room, 2 1/2 baths, central air, central vac and much more. A must see to appreciate.

\$329,000.00



Commercial building and 2 BR home on busy highway frontage

Ample parking, paved drive on Hwy 35. 3000 sq. ft. new oil furnace, loading dock, large basement, office space, hardwood floors, updated carpet, plumbing, roof & windows, move in condition. Endless possibilities! Enquire for more details!

\$399,000.00



Kennisis Lake Beauty

Priv. setting for this cozy yr rnd 3 bdrm cottage or home. Int is cedar & some drywall. Huge master overlooking the lake / priv deck. Lge bath / sauna, jacuzzi, & shower. 2nd bath for 2 lower level bdrms. Guest cabin. Granite shoreline, deep water swimming, newer deck at waters edge with dock. Southern exp with an unreal view of Kennisis Lake

\$522,000.00



Little Redstone

Imagine owning 8 acres on one of Haliburton's premier lakes. Miles and miles of boating on 2 lake chain, 1300 ft of shoreline, level property, well treed. Ideal safe play area for the family. Cottage has approx 1800sq ft of living space, 2 baths, laundry, family RM, & LG deck for entertaining. Water furnace with air conditioning make this an economical comfortable cottage or year round home. Insulated garage/workshop with LG storage area attached. Plenty of room to store the men's toys.

\$695,000.00

FOR MORE PHOTOS CHECK www.gloriaandcindy.com